


# June 2024

CIRCLE CENTER ADULT DAY SERVICES  
4900 WEST MARSHALL STREET  
ACTIVITY ROOM 1 CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Activity Domains:</b> Physical (P) Cognitive (C) Outdoor (O) Creative (CR) Reflective (R) Productive (PR) Social (S) Nature (N)		
3) 8:00 Coffee and Conversation (R, S) 8:45 Junk Drawer Detective (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Let's Reminisce (C, R) 12:00 Lunch 1:00 This Week in History (R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Magazine Scavenger Hunt (C)	4) 8:00 Coffee and Conversation (R, S) 8:45 Matching Games (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Game Time Fun (C) 12:00 Lunch 1:00 What's in the Bag? (C, R) 2:00 Snack <b>2:00 Dear Abby with Rachel (S)</b> 3:15 Trivia/Word Games (C)	5) 8:00 Coffee and Conversation (R, S) 8:45 Word Puzzles (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Games (S, C, PR) 12:00 Lunch 1:00 Music Appreciation (C, R, N) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Cranium Crunches/Relaxation (C, R)	6) 8:00 Coffee and Conversation (R, S) 8:45 Who What, Where, & When (C, R) 9:30 Snack 10:30 Tell Me A Story (C, CR, R) 12:00 Lunch 1:00 Meditation through Art (R, PR, CR) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Jeopardy (C)	7) 8:00 Coffee and Conversation (R, S) 8:45 Name 5 (C) 9:30 Chair Exercise (P) 10:00 Snack <b>10:30 Music Therapy Program (S, CR, R, C)</b> 12:00 Lunch 1:00 Are We There Yet (C, R) 2:00 Snack 2:30 Jingo (R, C) 3:15 Sing-a-long/Relaxation (C, R)
10) 8:00 Coffee and Conversation (R, S) 8:45 Junk Drawer Detective (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Let's Reminisce (C, R) 12:00 Lunch 1:00 This Week in History (R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Magazine Scavenger Hunt (C, R)	11) 8:00 Coffee and Conversation (R, S) 8:45 Matching Games (C) 9:30 Chair Exercise (P) 10:00 Snack <b>10:30 Devotions/Hymn Sing in Wellness with Volunteer Valerie (R)</b> 10:30 Game Time Fun (C) 12:00 Lunch 1:00 What's in the Bag? (C, R) 2:00 Snack <b>2:00 Dear Abby with Rachel (S)</b> 3:15 Trivia/Word Games (C)	12) 8:00 Coffee and Conversation (R, S) 8:45 Word Puzzles (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Participant Support Group (R, S) 12:00 Lunch 1:00 Music Appreciation (C, R, N) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Cranium Crunches/Relaxation (C, R)	13) 8:00 Coffee and Conversation (R, S) 8:45 Who What, Where, & When (C, R) 9:30 Snack <b>10:00 Garden Club in Cozy Corner (location may vary) (N)</b> 10:30 Tell Me A Story (C, CR, R) 12:00 Lunch <b>1:00 Intergenerational w/ Woods Family (C, CR, R)</b> 2:00 Snack 2:30 Chair Exercises (P) 3:15 Jeopardy (C)	14) 8:00 Coffee and Conversation (R, S) 8:45 Name 5 (C) 9:30 Chair Exercise (P) 10:00 Snack <b>10:30 Music Therapy Program (S, CR, R, C)</b> 12:00 Lunch 1:00 Are We There Yet (C, R) 2:00 Snack 2:30 Jingo (R, C) 3:15 Sing-a-long/Relaxation (C, R)

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Monday	Tuesday	Wednesday	Thursday	Friday
17) 8:00 Coffee and Conversation (R, S) 8:45 Junk Drawer Detective (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Let's Reminisce (C, R) 12:00 Lunch 1:00 This Week in History (R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Magazine Scavenger Hunt (C, R)	18) 8:00 Coffee and Conversation (R, S) 8:45 Matching Games (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Visit with Fred (S) 10:30 Game Time Fun (C) 12:00 Lunch 1:00 What's in the Bag? (C, R) 2:00 Snack 2:00 Dear Abby with Rachel (S) 3:15 Trivia/Word Games (C)	19) 8:00 Coffee and Conversation (R, S) 8:45 Word Puzzles (C) 10:00 Snack 10:30 Participant Support Group (R, S) 12:00 Lunch 1:00 Music Appreciation (C, R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Cranium Crunches/Relaxation (C, R)	20) 8:00 Coffee and Conversation (R, S) 8:45 Who What, Where, & When (C, R) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Nature (N) 12:00 Lunch 1:00 Tell Me A Story (R, PR, CR) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Jeopardy (C)	21) 8:00 Coffee and Conversation (R, S) 8:45 Name 5 (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Music Therapy Program (S, CR, R, C) 12:00 Lunch 1:00 Are We There Yet (C, R) 2:00 Snack 2:30 Jingo (R, C) 3:15 Sing-a-long/Relaxation (C, R)
24) 8:00 Coffee and Conversation (R, S) 8:45 Junk Drawer Detective (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Let's Reminisce (C, R) 12:00 Lunch 1:00 This Week in History (R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Magazine Scavenger Hunt (C, R)	25) 8:00 Coffee and Conversation (R, S) 8:45 Matching Games (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Game Time Fun (C) 12:00 Lunch 1:00 This Week in History (C, R) 2:00 Snack 2:00 Dear Abby with Rachel (S) 3:15 Trivia/Word Games (C)	26) 8:00 Coffee and Conversation (R, S) 8:45 Word Puzzles (C) 10:00 Snack 10:15 Zumba in Wellness (P) 10:30 Devotions/Hymn Sing in Cozy Corner with Volunteer (R) 10:30 Participant Support Group (R, S) 12:00 Lunch 1:00 Music Appreciation (C, R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Cranium Crunches/Relaxation (C, R)	27) 8:00 Coffee and Conversation (R, S) 8:45 Who What, Where, & When (C, R) 9:30 Snack 10:00 Garden Club in Wellness (location may vary) 10:15 Art on Wheels 10:30 Tell Me A Story (R, PR, CR) 12:00 Lunch 1:00 Intergenerational w/ Woods Family (C, CR, R) 2:00 Snack 2:30 Chair Exercises (P) 3:15 Jeopardy (C)	28) 8:00 Coffee and Conversation (R, S) 8:45 Name 5 (C) 9:30 Chair Exercise (P) 10:00 Snack 10:30 Music Therapy Program (S, CR, R, C) 12:00 Lunch 1:00 Are We There Yet (C, R) 2:00 Snack 2:30 Jingo (R, C) 3:15 Sing-a-long/Relaxation (C, R)

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**Wellness Schedule: M-F 10:30 am-11:15 am and 1:00pm-1:45pm**  
**Pet Therapy with Keegan- Wednesdays**  
**Cozy Corner Schedule: M-F 10:30am-11:15am, M-F 12:00pm-12:45pm, 2:00pm-3:00pm \*Times and days of class subject to change\***  
**2<sup>nd</sup> Wednesday of Month: Chair Zumba with Hollie (Subject to change)**  
**Thursday: Art Weekly- \*Art on Wheels Program 4<sup>th</sup> Thursday of each Month**  
**\*Garden Club 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each Month with Master Gardeners**  
**Music Therapy Program with Rachel: Monday 1:00, Friday 10:30**

Participants are encouraged to choose recreational programs of interest, consistent with their plan of care, and make suggestions of other activities they would enjoy. Activities are subject to change and changes will be posted.

\*One to One activities are also available and include the following: Reading, Montessori, puzzles, conversation, walking, coloring, iPad activities, games/cards, gardening and patio time, and spiritual/devotional activities.  
 \*\*One to One time scheduled with volunteers Eric, and Larawinn weekly

Art Volunteer, Victoria scheduled on Thursdays at 1:00 weekly to assist with Art Program

Highlighted Activities are programs provided by volunteers from the community