

Checklist

Living Room:

- Secure Carpets
- Clean Floors
- Electrical cords close to wall
- Furniture out of walkway

Kitchen:

- Non-skid mats
- Electrical cords and telephone wires out of walkway
- No spills on floor
- Closed cabinets
- Secure carpets
- Commonly used items in reach

Bedroom:

- Night lights and light switches close to bed
- Clean floors
- Electrical cords and telephone wires out of walkway
- Secure carpets
- Appropriate bed height

Bathroom:

- Non-skid mats
- Grab bars by toilet and in shower
- Chair in shower
- Clean floors
- Night light

Stairs:

- Secure railing
- No items on stairs
- Light at top of stairs
- Railing is full length of stairs

Outside:

- Pathways clear of shrubbery and debris
- Use handrails
- Pathways clear of water and snow