

November 2023 Snack Menu

Circle Center Adult Day Services/4900 West Marshall Street

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1) AM – 1 Oat and Honey Bar 4 oz Milk or Apple Juice</p> <p>PM – Peanut Butter (2 Tbsp) Sandwich 4 oz. water</p>	<p>2) AM - 1 oz. Turkey, with 1/2 cup fruit, 4 oz. water</p> <p>PM – 1/2 Tuna (2T) Sandwich w/ 4 oz. water</p>	<p>3) AM – 1 Oat Muffin with Milk or Apple Juice</p> <p>PM - 1/2 Chicken Salad (2T) Sandwich 4 oz. water</p>
<p>6) AM - 1 Banana w/ 4 oz. Milk/Apple Juice</p> <p>PM – 1/2 Bologna (1oz) Sandwich w/ 4 oz. water</p>	<p>7) AM – 1 oz. Banana Bread with 4 oz. milk or Apple Juice</p> <p>PM – 1/2 Peanut Butter (2 Tbsp) sandwich w/ 4 oz water</p>	<p>8) AM – 1 Gingerbread Muffin 4 oz. Milk or Apple Juice</p> <p>PM – 1 Peanut Butter & Jelly Muffin with 4 oz. Milk</p>	<p>9) AM - 1/2 Tuna (2T) Sandwich w/ 4 oz. water</p> <p>PM – 1/2 Egg Salad (2 Tbsp) Sandwich 4 oz. water</p>	<p>10) AM - 1/2 Chicken Salad (2T) Sand. 4 oz. Water</p> <p>PM- 1 Oat Muffin 4 oz. Milk or Apple Juice</p>
<p>13) AM – 1 oz. Cheese Stick w/ 4 oz. Apple Juice</p> <p>PM – 1/2 Tuna Fish (2Tbsp) Sandwich 4 oz. water</p>	<p>14) AM – 1 oz. Banana Bread, 4 oz Milk/Apple Juice</p> <p>PM – 1/2 Bologna (1 oz) Sandwich, 4 oz. water</p>	<p>15) AM – 1 Oat and Honey Bar 4 oz Milk or Apple Juice</p> <p>PM – Peanut Butter (2 Tbsp) Sandwich 4 oz. water</p>	<p>16) AM - 1 oz. Turkey, 1 oz. Cheese Stick, 4 oz. water</p> <p>PM – 1/2 Egg Salad (2T) Sandwich w/ 4 oz. water</p>	<p>17) AM 1 Oat Muffin 4 oz. Milk or Apple Juice</p> <p>PM- Chicken Salad (2T), 1/2 c. Peaches w/ 4 oz. water</p>
<p>20) AM - 1 Banana w/ 4 oz. Milk or Apple Juice</p> <p>PM – 1/2 Egg Salad (2T) Sandwich w/ 4 oz. water</p>	<p>21) AM – 1 oz. Banana Bread, Milk or Apple Juice</p> <p>PM – 1 Peanut Butter & Jelly Muffin w/ 4 oz. Milk or Apple Juice</p>	<p>22) AM – 1 Gingerbread Muffin 4 oz. Milk or Apple Juice</p> <p>PM – 1/2 Chicken Salad (2T) Sandwich with 4 oz. water</p>	<p>CLOSED</p>	<p>CLOSED</p>
<p>27) AM -1 oz. Cheese Stick w/ 4 oz. Apple Juice</p> <p>PM – 1/2 Turkey (1 oz) Sandwich 4 oz. water</p>	<p>28) AM – 1 oz Banana Bread, 4 oz Milk/Apple Juice</p> <p>PM – 1/2 Egg Salad (2T) Sandwich, 4 oz. water</p>	<p>29) AM – 1 Oat and Honey Bar 4 oz Milk or Apple Juice</p> <p>PM- 1 Peanut Butter & Jelly Muffin 4 oz. Milk or Apple Juice</p>	<p>30) AM - 1 oz. Turkey, 1/2 c. Pears 4 oz. water</p> <p>PM – 1/2 Tuna Salad (2T) Sandwich w/ 4 oz. water</p>	<p>NON-DISCRIMINATION STATEMENT: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.</p>