

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<p>NON-DISCRIMINATION STATEMENT: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.</p>				<p>Shaved Rib Roast w/ Jus</p> <p>Corn Pudding (flour, sugar, eggs, milk, marg, creamed corn)</p> <p>Zucchini with Peppers & Onions (s/p, marg, green pep)</p> <p>Watermelon</p> <p>Whole Wheat Roll (2)</p>
4 5 6 7 8				
<p>CLOSED</p>	<p>Meatloaf with Lentils (Tomatoes, onion, lentils, sage, thyme, br. sugar, salt, ketchup, mustard, horseradish, egg white, oats)</p> <p>Roasted Root Vegetables (potato, sweet potato, carrots, onion, oil, cranberry glaze)</p> <p>Seasonal Vegetable (no salt seasoning)</p> <p>Whole Wheat Roll (2)</p>	<p>Turkey Bolognese over Pasta (mushrooms, onion, celery, carrots, garlic, anise, salt, tomato paste, red wine, parm cheese)</p> <p>Pineapple Macaroon Crisp (br. sugar, marg, coconut, van extract, egg white, flour, baking powder, cinn, nutmeg, oats)</p> <p>Seasoned Broccoli (no salt seasoning)</p> <p>Whole Wheat Roll</p>	<p>Oven Fried Chicken (oil, lemon jce, s/p, poultry seasoning, cornflakes)</p> <p>Corn Pudding (flour, sugar, egg, milk, marg, creamed corn)</p> <p>Zucchini with Peppers and Onions (marg, s/p, gr. Peppers)</p> <p>Whole Wheat Roll (2)</p>	<p>Baked Fish w/ Lemon Butter (butter, dill, lemon and thyme)</p> <p>California Blend Vegetable (broccoli, cauliflower, carrots)</p> <p>Wild Rice Pilaf (wild rice, low sod chicken broth, herbs, butte, onion, carrots)</p> <p>Mandarin Oranges</p> <p>Whole Wheat Roll</p>
11 12 13 14 15				
<p>Roast Turkey w/ Gravy (low salt mix)</p> <p>Vegetable Sage Dressing (low sod veg broth, butter, onion, celery, mushrooms, peas, herbs, bl pepper) WW bread)</p> <p>Cranberry Glazed Carrots (cranberry sce, OJ, vinegar, rosemary)</p> <p>Tropical Fruit Salad</p> <p>Whole Wheat Roll</p>	<p>Baked Fish with Carrot and Ginger Sauce (LS soy sauce, honey, rice vinegar, sesame oil, LS veg soup base, onions)</p> <p>Spoonbread (four, butter, sour cream, egg, cornmeal, sugar, baking powder, salt)</p> <p>Seasonal Vegetable (no salt seasoning)</p> <p>Fruit Cocktail</p> <p>Whole Wheat Roll</p>	<p>Spanish Pork Chop (onion, celery, tomato)</p> <p>Whole Wheat Penne</p> <p>Italian Mixed Vegetables</p> <p>Pineapple Chunks</p> <p>Whole Wheat Roll</p>	<p>Mac & Cheese (macaroni, milk, egg, white pepper, mustard, cheddar cheese, bread crumbs)</p> <p>Stewed Tomatoes (Tomatoes, flour, bread, sugar, pepper and margarine)</p> <p>Seasoned Broccoli (no salt seasoning)</p> <p>Whole Wheat Roll</p>	<p>Hamburger Steak w/ Onion Gravy (Onions, bread crumbs, egg sub, bl pepper, horseradish)</p> <p>Peas (no salt seasoning)</p> <p>Steamed Red Cabbage (marg, apple jce, apple cider vinegar, LS soup base, sugar)</p> <p>Applesauce</p> <p>Whole Wheat Roll (2)</p>
18 19 20 21 22				
<p>Pulled BBQ Pork (oil, vinegar, celery, onions, ketchup, dry mustard, liq smoke, br. sugar)</p> <p>Farrow w/ Swiss Chard and Red Cabbage (oil, onion, garlic, herbs, salt)</p> <p>Seasoned Green Beans (no salt seasoning)</p> <p>Creamy Cole Slaw (cabbage, carrots, mayo, vinegar, sour cream, sugar, celery seed, s&p)</p> <p>Whole Wheat Roll</p>	<p>Baked Fish w/ Citrus Sauce (mayo, orange and lemon jce, mustard, tarragon, sugar sub)</p> <p>Summer Squash Soufflé (paprika, eggs, s & p, sour cream, cheddar cheese, bread, marg)</p> <p>Seasonal Vegetable</p> <p>Fruit Cocktail</p> <p>Whole Wheat Roll (2)</p>	<p>Mildred's Meatloaf (br sugar, vinegar, tomato, mustard, egg, bread crumbs)</p> <p>Baked Beans (br sugar, mustard, vinegar, molasses, ketchup, onions)</p> <p>Seasoned Broccoli (no salt seasoning)</p> <p>Whole Wheat Roll (2)</p>	<p>Chicken Ratatouille (oil, onion, eggplant, zucchini, gr. pepper, mushroom, garlic, tom and herbs)</p> <p>Whole Wheat Penne</p> <p>Roasted Cauliflower</p> <p>Sliced Peaches</p> <p>Whole Wheat Roll</p>	<p>Sausage and Lentils (turkey sausage, oil, onion, carrots, celery, garlic, tomato)</p> <p>Peach Crisp (flour, oats, butter, sugar, lemon, cinn)</p> <p>Zucchini</p> <p>Whole Wheat Roll (2)</p>
25 26 27 28 29				
<p>Tuna Casserole (br. rice, spinach, artichoke, oil, onion, mushrooms, butter, flour, sk milk, Swiss cheese, nutmeg, bl pep)</p> <p>Cabbage and Carrots (margarine, s/p)</p> <p>Pineapple Tidbits</p> <p>Whole Wheat Roll</p>	<p>Roast Turkey w/ Gravy (low salt mix)</p> <p>Cauli-Pinto Mashed Potatoes (low sod, veg base, onions, pinto beans, cauliflower, potatoes, bl pepper, garlic)</p> <p>Orange Sauced Vegetables (broccoli, carrots, water chestnuts, orange, low sod soy sauce, cornstarch)</p> <p>Whole Wheat Roll (2)</p>	<p>Chicken Dijon (oil, Dijon mustard, tarragon, LS chicken broth, corn starch, lite sour cream, parsley, bl pepper)</p> <p>Herbed Barley Pilaf (oil, salt, onions, garlic, thyme, parsley, lemon juice)</p> <p>Broccoli</p> <p>Tropical Fruit Salad</p> <p>Whole Wheat Roll</p>	<p>Spaghetti w/ Meat Sauce (tomato, garlic, onion, sugar, Italian spices, Worcestershire sce.)</p> <p>Greens w/ Olive Oil (s/p, olive oil, nutmeg, lemon juice)</p> <p>Fruit Cocktail</p> <p>Whole Wheat Roll</p>	<p>Pork Apple Normandy (flour, marg, celery, onions, apples, cream, apple and lemon jce, s/p)</p> <p>Lima Beans and Corn (low sod veg base, marg, s/p)</p> <p>Seasoned Green Beans (no salt seasoning)</p> <p>Whole Wheat Roll (2)</p>