



May Menu 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Barbeque Pork (Broad App) Farro W/ Swiss Chard & Red Cabbage Herbed Green Beans Creamy Cole Slaw Whole Wheat Roll	2 Baked Fish w/ Citrus Sauce Summer Squash Souffle Seasonal Vegetable (greens) Fruit Cocktail Whole Wheat Roll (2)	3 Mildred's Meatloaf Seasoned Broccoli Baked Beans Whole Wheat Roll (2)	4 Chicken Ratatouille Whole Wheat Penne Roasted Cauliflower Sliced Peaches Whole Wheat Roll	5 Chicken Sausage and Lentils Zucchini Peach Crisp Whole Wheat Roll (2)
8 2 comp? Tuna Casserole (spinach/artichoke) Cabbage and Carrots Pineapple Tidbits Whole Wheat Roll	9 Roast Turkey w/ Gravy Cauli-Pinto Mashed Potatoes Orange-Sauced Vegetables Whole Wheat Roll (2)	10 Chicken Dijon Herbed Barley Pilaf Steamed Broccoli Tropical Fruit Salad Whole Wheat Roll	11 Spaghetti with Meatsauce Seasoned Greens w/ Olive Oil Fruit Cocktail Whole Wheat Roll	12 Pork Apples Normandy Lima Beans and Corn Seasoned Green Beans Whole Wheat Roll (2)
15 Chicken Pot Pie w/ Cobbler Dough Topping Beets Sliced Pears Whole Wheat Roll	16 Meatloaf with Lentils Roasted Root Vegetables Seasonal Vegetable Fruit Cocktail Whole Wheat Roll (2)	17 Turkey Bolognese With Shell Pasta Seasoned Broccoli Pineapple Macaroon Crisp Whole Wheat Roll	18 Oven Fried Chicken Corn Pudding Zucchini w/ Peppers and Onions Whole Wheat Roll (2)	19 Baked Fish w/ Lemon Butter California Blend Vegetables Wild Rice Pilaf Mandarin Oranges Whole Wheat Roll
22 Roast Turkey w/ Gravy Vegetable Sage Stuffing Cranberry Glazed Carrots Tropical Fruit Salad Whole Wheat Roll	23 Baked Fish w/ Carrot Ginger Sauce Spoonbread Seasonal Vegetable Fruit Cocktail Whole Wheat Roll	24 Spanish Pork Whole Wheat Penne Italian Blend Vegetables Pineapple Tidbits Whole Wheat Roll	25 Mac and Cheese Stewed Tomatoes Steamed Broccoli Whole Wheat Roll	26 Hamburger Steak w/ Onion Gravy Seasoned Peas Steamed Red Cabbage Applesauce Whole Wheat Roll (2)
29 Holiday- Feed More Closed	30 Barbeque Pork (Broad App) Corn O-Brien Herbed Green Beans Creamy Cole Slaw Whole Wheat Roll	31 Mildred's Meatloaf Seasoned Broccoli (no salt) Baked Beans (br sugar, Whole Wheat Roll (2)		
1% Milk Daily				