



May Menu 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Barbeque Pork Creamy Turmeric Grits & Greens Baked Apples</p> <p>Whole Wheat Roll</p>	<p>3</p> <p>Baked Fish w/ Citrus Sauce Summer Squash Souffle Seasonal Vegetable</p> <p>Whole Wheat Roll (2)</p>	<p>4</p> <p>Mildred's Meatloaf Seasoned Broccoli Baked Beans</p> <p>Whole Wheat Roll (2)</p>	<p>5</p> <p>Chicken Broccoli Casserole Whole Wheat Egg Noodles Roasted Cauliflower</p> <p>Whole Wheat Roll</p>	<p>6</p> <p>Roast Pork Normandy Oven Roasted Sweet Potatoes Seasoned Asparagus</p> <p>Whole Wheat Roll (2)</p>
<p>9</p> <p>Egg and Cheese Omelet Roasted Root Vegetables Seasoned Greens</p> <p>Whole Wheat Roll (2)</p>	<p>10</p> <p>Roast Turkey w/ Gravy Cauli-Pinto Mashed Potatoes Seasonal Vegetable</p> <p>Applesauce Bran Muffin/WW Roll</p>	<p>11</p> <p>Salmon Teriyaki Cake Fried Brown Rice Asian Blend Vegetables Cinnamon Applesauce Whole Wheat Roll</p>	<p>12</p> <p>Spaghetti w/ Meat Sauce Seasoned Greens w/ Olive Oil Peach Berry Crumble</p> <p>Garlic Bread</p>	<p>13</p> <p>Brazilian Chicken Stroganoff Seasoned Barley Steamed Broccoli Fruit Cocktail Whole Wheat Roll</p>
<p>16</p> <p>Chicken Pot Pie w/ Biscuit Topping Seasoned Green Beans Baked Apples Whole Wheat Roll</p>	<p>17</p> <p>Hamburger Steak w/ Onion Gravy Roasted Potatoes Seasonal Vegetable</p> <p>Whole Wheat Roll (2)</p>	<p>18</p> <p>Baked Honey Lemon Chicken Succotash Seasoned Beets</p> <p>Whole Wheat Roll (2)</p>	<p>19</p> <p>Cold Meal Turkey Salad 3 Bean Salad Sliced Pears</p> <p>Whole Wheat Roll (2)</p>	<p>20</p> <p>Baked Fish w/ Lemon Butter California Blend Vegetables Wild Rice Pilaf Mandarin Oranges Cinnamon Muffin</p>
<p>23</p> <p>Roast Turkey w/ Gravy Confetti Corn Cranberry Glazed Carrots</p> <p>Whole Wheat Roll (2)</p>	<p>24</p> <p>Baked Fish w/ Carrot Ginger Sauce Spoonbread Seasonal Vegetable Cinnamon Applesauce Blueberry Oatmeal-Lentil Muffin</p>	<p>25</p> <p>Spanish Pork WW Egg Noodles Peach Crisp Seasoned Greens Whole Wheat Roll</p>	<p>26</p> <p>Mac and Cheese Stewed Tomatoes Steamed Broccoli</p> <p>Whole Wheat Roll</p>	<p>27</p> <p>Roast Beef w/ Gravy Seasoned Peas Steamed Red Cabbage</p> <p>Whole Wheat Roll (2)</p>
<p>30</p> <p>Barbeque Pork Creamy Turmeric Grits & Greens Baked Apples</p> <p>Whole Wheat Roll</p>	<p>31</p> <p>Baked Fish w/ Citrus Sauce Summer Squash Souffle Seasonal Vegetable</p> <p>Whole Wheat Roll (2)</p>			

1% Milk Daily

Meals include non-fat dry milk, 100% fruit juice or fortified beverage packet. 1 pat Promise Spread. Menu is subject to change. Non-Discrimination Statement: In accordance with federal civil rights law and US Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies Offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.