



Anthem HealthKeepers
Offered by HealthKeepers, Inc.



Save on the cost of healthy groceries with up to \$100.00 every month

Anthem HealthKeepers Medicare Advantage plans offer an allowance each month to spend toward healthy foods at participating retailers. Be sure to use your spending amount before the end of the year, as it will not carry over to 2023. Enjoy shopping.

Shop the way that's most comfortable for you



Visit your local Kroger store.

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Shop for healthy groceries

You can use your healthy groceries allowance to select from thousands of approved foods.

- Fresh fruit and vegetables
- Canned fruits and vegetables
- Frozen produce and meals
- Fresh salad kits
- Dairy products
- Meat and seafood
- Beans and legumes
- Pantry staples — flour, sugar, spices, etc.
- Soups
- Nutritional shakes and bars
- Healthy grains — bread, cereals, pastas, etc.
- Water/vitamin water

Discover the Benefit of Blue.SM



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