
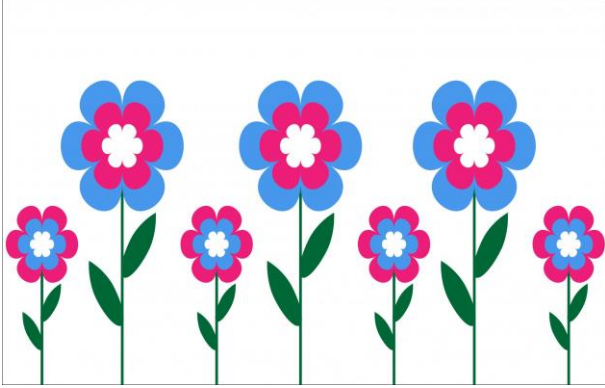


# April 2021

CIRCLE CENTER ADULT DAY SERVICES  
4900 WEST MARSHALL STREET  
LARGE ACTIVITY ROOM CALENDAR

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
|    |   | <p><b>Activity Domains:</b></p> <ul style="list-style-type: none"> <li><b>Physical (P)</b></li> <li><b>Cognitive (C)</b></li> <li><b>Outdoor (O)</b></li> <li><b>Creative (CR)</b></li> <li><b>Reflective (R)</b></li> <li><b>Productive (PR)</b></li> <li><b>Social (S)</b></li> <li><b>Nature (N)</b></li> </ul>   | <p>1)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Matching Games (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 What's in the Bag (C, R)</li> <li>12:00 Lunch</li> <li>1:00 Card Sharks (C)</li> <li>2:00 Snack</li> <li>2:30 R.O. M. (P)</li> <li>3:15 Jeopardy (C)</li> </ul>  | <p>2)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Name 5 (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Nurtured with Nature (N)</li> <li>12:00 Lunch</li> <li>1:00 Are We There Yet? (R)</li> <li>2:00 Snack</li> <li>2:30 Music and Movement (CR, P)</li> <li>3:15 Cranium Crunches (C)</li> </ul>  |
| <p>5)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Junk Drawer Detective (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 This Week in History (C, R)</li> <li>12:00 Lunch</li> <li>1:00 Remember When? (C, R)</li> <li>2:00 Snack</li> <li>2:30 Weight Lifting (P)</li> <li>3:15 Shake Loose a Memory (C, R)</li> </ul>  | <p>6)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Matching Games (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 What's in the Bag (C, R)</li> <li>12:00 Lunch</li> <li>1:00 Card Sharks (C)</li> <li>2:00 Snack</li> <li>2:30 R.O. M. (P)</li> <li>3:15 Jeopardy (C)</li> </ul>  | <p>7)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Word Puzzles (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Participant Support Group (R, S)</li> <li>12:00 Lunch</li> <li>1:00 Music Appreciation (C, R)</li> <li>2:00 Snack</li> <li>2:30 Weight Lifting (P)</li> <li>3:15 Fill in the Blank (C)</li> </ul> | <p>8)</p> <ul style="list-style-type: none"> <li>8:00 Relax and Create (R, PR, CR)</li> <li>8:45 Who What, Where, &amp; When (C, R)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Tell Me A Story (C, CR, R)</li> <li>12:00 Lunch</li> <li>1:00 Memories through Painting (R, PR, CR)</li> <li>2:00 Snack</li> <li>2:30 R.O.M. (P)</li> <li>3:15 Table Talk (R, S)</li> </ul>  | <p>9)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Name 5 (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Nurtured with Nature (N)</li> <li>12:00 Lunch</li> <li>1:00 Are We There Yet? (R)</li> <li>2:00 Snack</li> <li>2:30 Movie Matinee (C, R)</li> <li>3:15 Cranium Crunches (C)</li> </ul>        |
| <p>12)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Junk Drawer Detective (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 This Week in History (C, R)</li> <li>12:00 Lunch</li> <li>1:00 Remember When? (C, R)</li> <li>2:00 Snack</li> <li>2:30 Weight Lifting (P)</li> <li>3:15 Shake Loose a Memory (C, R)</li> </ul> | <p>13)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Matching Games (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 What's in the Bag (C, R)</li> <li>12:00 Lunch</li> <li>1:00 Card Sharks (C)</li> <li>2:00 Snack</li> <li>2:30 R.O. M. (P)</li> <li>3:15 Jeopardy (C)</li> </ul> | <p>14)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Word Puzzles (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Participant Support Group (R, S)</li> <li>12:00 Lunch</li> <li>1:00 Music Appreciation (C, R)</li> <li>2:00 Snack</li> <li>2:30 St. Patrick's Day Fun! (S)</li> </ul>                            | <p>15)</p> <ul style="list-style-type: none"> <li>8:00 Relax and Create (R, PR, CR)</li> <li>8:45 Who What, Where, &amp; When (C, R)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Tell Me A Story (C, CR, R)</li> <li>12:00 Lunch</li> <li>1:00 Memories through Painting (R, PR, CR)</li> <li>2:00 Snack</li> <li>2:30 R.O.M. (P)</li> <li>3:15 Table Talk (R, S)</li> </ul> | <p>16)</p> <ul style="list-style-type: none"> <li>8:00 Coffee and Conversation (R, S)</li> <li>8:45 Name 5 (C)</li> <li>9:30 Chair Exercise (P)</li> <li>10:00 Snack</li> <li>10:30 Nurtured with Nature (N)</li> <li>12:00 Lunch</li> <li>1:00 Are We There Yet? (R)</li> <li>2:00 Snack</li> <li>2:30 Music and Movement (CR, P)</li> <li>3:15 Cranium Crunches (C)</li> </ul> |

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| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| 19)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Junk Drawer Detective (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 This Week in History (C, R)<br>12:00 Lunch<br>1:00 Remember When? (C, R)<br>2:00 Snack<br>2:30 Weight Lifting (P)<br>3:15 Shake Loose a Memory (C, R) | 20)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Matching Games (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 What's in the Bag (C, R)<br>12:00 Lunch<br>1:00 Card Sharks (C)<br>2:00 Snack<br>2:30 R.O. M. (P)<br>3:15 Jeopardy (C) | 21)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Word Puzzles (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 Participant Support Group (R, S)<br>12:00 Lunch<br>1:00 Music Appreciation (C, R)<br>2:00 Snack<br>2:30 Weight Lifting (P)<br>3:15 Fill in the Blank (C) | 22)<br>8:00 Relax and Create (R, PR, CR)<br>8:45 Who What, Where, & When (C, R)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 Tell Me A Story (C, CR, R)<br>12:00 Lunch<br>1:00 Memories through Painting (R, PR, CR)<br>2:00 Snack<br>2:30 R.O.M. (P)<br>3:15 Table Talk (R, S) | 23)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Name 5 (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 Nurtured with Nature (N)<br>12:00 Lunch<br>1:00 Are We There Yet? (R)<br>2:00 Snack<br>2:30 Movie Matinee (C, R)<br>3:15 Cranium Crunches (C) |
| 26)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Junk Drawer Detective (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 This Week in History (C, R)<br>12:00 Lunch<br>1:00 Remember When? (C, R)<br>2:00 Snack<br>2:30 Weight Lifting (P)<br>3:15 Shake Loose a Memory (C, R) | 27)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Matching Games (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 What's in the Bag (C, R)<br>12:00 Lunch<br>1:00 Card Sharks (C)<br>2:00 Snack<br>2:30 R.O. M. (P)<br>3:15 Jeopardy (C) | 28)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Word Puzzles (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 Participant Support Group (R, S)<br>12:00 Lunch<br>1:00 Music Appreciation (C, R)<br>2:00 Snack<br>2:30 Weight Lifting (P)<br>3:15 Fill in the Blank (C) | 29)<br>8:00 Relax and Create (R, PR, CR)<br>8:45 Who What, Where, & When (C, R)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 Tell Me A Story (C, CR, R)<br>12:00 Lunch<br>1:00 Memories through Painting (R, PR, CR)<br>2:00 Snack<br>2:30 R.O.M. (P)<br>3:15 Table Talk (R, S) | 30)<br>8:00 Coffee and Conversation (R, S)<br>8:45 Name 5 (C)<br>9:30 Chair Exercise (P)<br>10:00 Snack<br>10:30 Nurtured with Nature (N)<br>12:00 Lunch<br>1:00 Are We There Yet? (R)<br>2:00 Snack<br>2:30 Movie Matinee (C, R)<br>3:15 Cranium Crunches (C) |

NON-DISCRIMINATION STATEMENT: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

**Participants are encouraged to choose recreational programs of interest, consistent with their plan of care, and make suggestions of other activities they would enjoy. Activities are subject to change and changes will be posted.**

**One to One activities are also available at any time and include the following: Reading, Montessori, puzzles, conversation, walking, coloring, iPad activities, games/cards and spiritual/devotional activities.**