

September 2020

CIRCLE CENTER ADULT DAY SERVICES
4900 WEST MARSHALL STREET
SMALL ACTIVITY ROOM CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Participants are encouraged to choose recreational programs of interest, consistent with their plan of care, and make suggestions of other activities they would enjoy. Activities are subject to change and changes will be posted.</p>	<p>1) 8:00 Coffee and Conversation (R, S) 8:30 Who What, Where, & When (C, R) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Music Appreciation (C, R) 11:30 Lunch 12:30 Remember When? (C, R) 1:30 Snack 2:00 R.O.M. (P) 3:00 Relax and Create (R, PR, CR)</p>	<p>2) 8:00 Coffee and Conversation (R, S) 8:30 Word Puzzles (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Memories through Painting (R, PR, CR) 11:30 Lunch 12:30 Participant Support Group (R, S) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Fill in the Blank (C)</p>	<p>3) 8:00 Coffee and Conversation (R, S) 8:30 Matching Games (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Nurtured with Nature (N) 11:30 Lunch 12:30 Card Sharks (C) 1:30 Snack 2:00 R.O. M. (P)/Patio Time with Jay (O, R, S) 3:00 Games and Montessori (C, CR, PR)</p>	<p>4) 8:00 Coffee and Conversation (R, S) 8:30 Name 5 (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 What's in the Bag (C, R) 11:30 Lunch 12:30 Are We There Yet? (R) 1:30 Snack 1:30-2:30 Patio time with Jay (O, R, S) 2:00 Music and Movement (CR, P) 3:00 Cranium Crunches (C)</p>
<p>7) Closed for Labor Day</p>	<p>8) 8:00 Coffee and Conversation (R, S) 8:30 Who What, Where, & When (C, R) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Music Appreciation (C, R) 11:30 Lunch 12:30 Remember When? (C, R) 1:30 Snack 2:00 R.O.M. (P) 3:00 Relax and Create (R, PR, CR)</p>	<p>9) 8:00 Coffee and Conversation (R, S) 8:30 Word Puzzles (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Memories through Painting (R, PR, CR) 11:30 Lunch 12:30 Participant Support Group (R, S) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Fill in the Blank (C)</p>	<p>10) 8:00 Coffee and Conversation (R, S) 8:30 Matching Games (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Nurtured with Nature (N) 11:30 Lunch 12:30 Card Sharks (C) 1:30 Snack 2:00 R.O. M. (P)/Patio Time with Jay (O, R, S) 3:00 Games and Montessori (C, CR, PR)</p>	<p>11) 8:00 Coffee and Conversation (R, S) 8:30 Name 5 (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 What's in the Bag (C, R) 11:30 Lunch 12:30 Are We There Yet? (R) 1:30 Snack 1:30-2:30 Patio time with Jay (O, R, S) 2:00 Music and Movement (CR, P) 3:00 Cranium Crunches (C)</p>
<p>14) 8:00 Coffee and Conversation (R, S) 8:30 Junk Drawer Detective (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 This Week in History (C, R) 11:30 Lunch 12:30 Tell Me A Story (C, CR, R) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Shake Loose a Memory (C, R)</p>	<p>15) 8:00 Coffee and Conversation (R, S) 8:30 Who What, Where, & When (C, R) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Music Appreciation (C, R) 11:30 Lunch 12:30 Remember When? (C, R) 1:30 Snack 2:00 R.O.M. (P) 3:00 Relax and Create (R, PR, CR)</p>	<p>16) 8:00 Coffee and Conversation (R, S) 8:30 Word Puzzles (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Memories through Painting (R, PR, CR) 11:30 Lunch 12:30 Participant Support Group (R, S) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Fill in the Blank (C)</p>	<p>17) 8:00 Coffee and Conversation (R, S) 8:30 Matching Games (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Nurtured with Nature (N) 11:30 Lunch 12:30 Card Sharks (C) 1:30 Snack 2:00 R.O. M. (P)/Patio Time with Jay (O, R, S) 3:00 Games and Montessori (C, CR, PR)</p>	<p>18) 8:00 Coffee and Conversation (R, S) 8:30 Name 5 (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 What's in the Bag (C, R) 11:30 Lunch 12:30 Are We There Yet? (R) 1:30 Snack 1:30-2:30 Patio time with Jay (O, R, S) 2:00 Music and Movement (CR, P) 3:00 Cranium Crunches (C)</p>

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<p>21)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Junk Drawer Detective (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 This Week in History (C, R) 11:30 Lunch 12:30 Tell Me A Story (C, CR, R) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Shake Loose a Memory (C, R)</p>	<p>22)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Who What, Where, & When (C, R) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Music Appreciation (C, R) 11:30 Lunch 12:30 Remember When? (C, R) 1:30 Snack 2:00 R.O.M. (P) 3:00 Relax and Create (R, PR, CR)</p>	<p>23)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Word Puzzles (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Memories through Painting (R, PR, CR) 11:30 Lunch 12:30 Participant Support Group (R, S) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Fill in the Blank (C)</p>	<p>24)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Matching Games (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Nurtured with Nature (N) 11:30 Lunch 12:30 Card Sharks (C) 1:30 Snack 2:00 R.O. M. (P)/Patio Time with Jay (O, R, S) 3:00 Games and Montessori (C, CR, PR)</p>	<p>25)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Name 5 (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 What's in the Bag (C, R) 11:30 Lunch 12:30 Are We There Yet? (R) 1:30 Snack 1:30-2:30 Patio time with Jay (O, R, S) 2:00 Music and Movement (CR, P) 3:00 Cranium Crunches (C)</p>
<p>28)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Junk Drawer Detective (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 This Week in History (C, R) 11:30 Lunch 12:30 Tell Me A Story (C, CR, R) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Shake Loose a Memory (C, R)</p>	<p>29)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Who What, Where, & When (C, R) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Music Appreciation (C, R) 11:30 Lunch 12:30 Remember When? (C, R) 1:30 Snack 2:00 R.O.M. (P) 3:00 Relax and Create (R, PR, CR)</p>	<p>30)</p> <p>8:00 Coffee and Conversation (R, S) 8:30 Word Puzzles (C) 9:00 Chair Exercise (P) 9:30 Snack 10:00 Memories through Painting (R, PR, CR) 11:30 Lunch 12:30 Participant Support Group (R, S) 1:30 Snack 2:00 Weight Lifting (P) 3:00 Fill in the Blank (C)</p>	<p>One to One activities are also available at any time and include the following: Reading, Montessori, puzzles, conversation, walking, coloring, iPad activities, games/cards and spiritual/devotional activities.</p>	<p>Activity Domains:</p> <p>Physical (P) Cognitive (C) Outdoor (O) Creative (CR) Reflective (R) Productive (PR) Social (S) Nature (N)</p>