


Circle Center Adult Day Services Activity Calendar March 2020-4800/4900 West Marshall Street

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2) "Cat in the Hat" day</p> <p>8:30 Left/Right/Center-LAR 8:30 Left/Right Center-SAR 9:00 Memory Games-SAR 9:00 Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Hymn Sing-SAR 11:00 Discussion Circle-LAR 11:00 Coloring Group w/ Karen-CR 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Are We There Yet? -LAR 1:30 Wii Bowling-GR-4800 3:00 "Pocket Picks"-LAR 3:00 Turn a Phrase-SAR 3:00 Music & Art-ML 3:00 Classic Rock Appreciation Grp.-MR-4800 4:00 It's Trivial-LAR 4:00 Word Games-SAR 5:00 Group Activity-SAR</p>	<p>3) Unique Names Day</p> <p>8:30 Bowling Dice-LAR 8:30 Roll the Dice-SAR 9:00 Memory Games-LAR 9:00 Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 Name That Tune-SAR 11:00 More Than Music-LAR 11:00 Montessori- ML 1:30 Music Games-SAR 1:30 What's In the Bag?-LAR 1:30 Wii Bowling-GR-4800 1:30 Stroke Group-MPR/ML 3:00 Music Jeopardy-LAR 3:00 Are We There Yet?-SAR 3:00 Sport Group-ML 4:00 "Pocket Picks"-SAR 4:00 Word Games-LAR 5:00 Group Activity-SAR</p>	<p>4) Pound Cake Day</p> <p>8:30 Color Shape Bingo-LAR 8:30 Headlines/Cards-SAR 9:00-9:50 Morning Devotional-ML 9:00 Table Games-LAR/Table Games-SAR 10:00 Exercise-LAR/SAR 10:00 1:1 Montessori w/Linda-CL 11:00 Name That Tune-LAR/Chair Yoga-MR-4800 11:00 What's In the Bag?-SAR 11:00 Coloring Group w/ Karen-ML 1:30 Table Games-SAR 1:30 Chair Dance-LAR 1:30 Craft Group-GR-4800 1:30 Participant Support Grp-Wellness 3:00 Chat w/Rachel-Wellness 3:00 "Let's Remember Together"-SAR 3:00 Him vs Them-LAR 4:00 Discussion Group-LAR 4:00 It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>5) Name Game Day</p> <p>8:30 Cards-21/Dice Game-SAR 8:30 Memory Games-LAR 8:30 Garden Group-LAR-Sun Porch/Patio 9:00-9:50 Morning Devotional-ML 9:00 Jingo-SAR 9:00Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Art /Craft Grp.-GR-4800 11:00 This Day In History-LAR 11:00 More Than Music-SAR 1:30 Word Play-SAR 1:30 More Than Music-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Word Play-LAR 3:00 Wii Bowling-GR-4800 4:00 Jeopardy-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>6) Employee Appreciation Day</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 10:00 Exercise-LAR/SAR 10-11 St. James Daycare Intergenerational Grp-W 11:00 "How It's Made-LAR 11:00 Trivia/Table Games-SAR 11:00 Women's Support Group-Wellness 1:30 "Scattogories"-SAR 1:30 "Let's Remember Together"-LAR 1:30 Music and Movement-Wellness 3:00 Music Therapy-LAR 3:00 "How It's Made"-SAR 3:00 Wii Bowling-GR 4:00 Game Time-SAR 4:00 Discussion Circle-LAR 5:00 Group Activity-SAR</p>	<p>7) Lucky "7" Day</p> <p>Supervisor: Elizabeth 9:00 Coffee Chat 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>
<p>9) Ford Mustang Day</p> <p>8:30 Left/Right/Center-LAR 8:30 Left/Right Center-SAR 9:00 Memory Games-SAR 9:00 Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Hymn Sing-SAR 11:00 Discussion Circle-LAR 11:00 Coloring Group w/ Karen-CR 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Are We There Yet? -LAR 1:30 Wii Bowling-GR-4800 3:00 "Pocket Picks"-LAR 3:00 Turn a Phrase-SAR 3:00 Music & Art-ML 3:00 Classic Rock Appreciation Grp.-MR-4800 4:00 It's Trivial-LAR 4:00 Word Games-SAR 5:00 Group Activity-SAR</p>	<p>10) Paper Money Day</p> <p>8:30 Bowling Dice-LAR 8:30 Roll the Dice-SAR 9:00 Memory Games-LAR 9:00 Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 Art/Craft Group-GR-4800 11:00 Name That Tune-SAR 11:00 More Than Music-LAR 1:30 Music Games-SAR 1:30 What's In the Bag?-LAR 1:30 Visit w/Carolyn & "Colby"-Therapy Dog 1:30 Wii Bowling-GR-4800 1:30 Stroke Group-MPR/ML 3:00 Music Jeopardy-LAR 3:00 Are We There Yet?-SAR 3:00 Sport Group-ML 4:00 "Pocket Picks"-SAR 4:00 Word Games-LAR 5:00 Group Activity-SAR</p>	<p>11) Johnny Appleseed Day</p> <p>8:30 Color Shape Bingo-LAR 8:30 Headlines/Cards-SAR 9:00-9:50 Morning Devotional-ML 9:00 Table Games-LAR/Table Games-SAR 10:00 Exercise-LAR/SAR 11:00 Name That Tune-LAR/Chair Yoga-MR-4800 11:00 What's In the Bag?-SAR 11:00 Coloring Group w/ Karen-ML 1:30 Table Games-SAR 1:30 Chair Dance-LAR 1:30 Craft Group-GR-4800 1:30 Participant Support Grp-Wellness 3:00 Chat w/Rachel-Wellness 3:00 "Let's Remember Together"-SAR 3:00 Him vs Them-LAR 4:00 Discussion Group-LAR 4:00 It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>12) Girl Scout Day</p> <p>8:30 Cards-21/Dice Game-SAR 8:30 Memory Games-LAR 8:30 Garden Group-LAR-Sun Porch/Patio 9:00-9:50 Morning Devotional-ML 9:00 Jingo-SAR 9:00Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Art /Craft Grp.-GR-4800 11:00 This Day In History-LAR 11:00 More Than Music-SAR 1:30 Word Play-SAR 1:30 More Than Music-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Word Play-LAR 3:00 Wii Bowling-GR-4800 4:00 Jeopardy-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>13) Welcome Encore Dancers!/ Wear Green</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 "How It's Made-LAR 11:00 Trivia/Table Games-SAR 11:00 Women's Support Group-Wellness 1:30 "Scattogories"-SAR 1:30 Encore Dancers-LAR 3:00 Music Therapy-LAR 3:00 "How It's Made"-SAR 3:00 Wii Bowling-GR 4:00 Game Time-SAR 4:00 Discussion Circle-LAR 5:00 Group Activity-SAR</p>	<p>14) Potato Chip Day</p> <p>Supervisor: Jen 9:00 Coffee Chat 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>
<p>16) Welcome Collegiate Students!</p> <p>8:30 Left/Right/Center-LAR 8:30 Left/Right Center-SAR 9:00 Memory Games-SAR 9:00 Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Hymn Sing-SAR 11:00 Discussion Circle-LAR 11:00 Coloring Group w/ Karen-CR 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Are We There Yet? -LAR 1:30 Wii Bowling-GR-4800 3:00 "Pocket Picks"-LAR 3:00 Turn a Phrase-SAR 3:00 Music & Art-ML 3:00 Classic Rock Appreciation Grp.-MR-4800 4:00 It's Trivial-LAR 4:00 Word Games-SAR 5:00 Group Activity-SAR</p>	<p>17) Happy St. Patrick's Day/Wear Green</p> <p>8:30 Bowling Dice-LAR 8:30 Roll the Dice-SAR 9:00 Memory Games-LAR 9:00 Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 Name That Tune-SAR 11:00 More Than Music-LAR 11:00 Montessori- ML 1:30 Music Games-SAR 1:30 What's In the Bag?-LAR 1:30 Wii Bowling-GR-4800 1:30 Stroke Group-MPR/ML 3:00 Music Jeopardy/Birthday Social-LAR 3:00 Are We There Yet?-SAR 3:00 Sport Group-ML 4:00 "Pocket Picks"-SAR 4:00 Word Games-LAR 5:00 Group Activity-SAR</p>	<p>18) Name Everything "M" Day</p> <p>8:30 Color Shape Bingo-LAR 8:30 Headlines/Cards-SAR 9:00-9:50 Morning Devotional-ML 9:00 Table Games-LAR/Table Games-SAR 10:00 Exercise-LAR/SAR 10:00 1:1 Montessori w/Linda-CL 11:00 Name That Tune-LAR/Chair Yoga-MR-4800 11:00 What's In the Bag?-SAR 11:00 Coloring Group w/ Karen-ML 1:30 Table Games-SAR 1:30 Chair Dance-LAR 1:30 Craft Group-GR-4800 1:30 Participant Support Grp-Wellness 3:00 Chat w/Rachel-Wellness 3:00 "Let's Remember Together"/Birthday Social-SAR 3:00 Him vs Them-LAR 4:00 Discussion Group-LAR 4:00 It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>19) Welcome Capital One/Spring Equinox</p> <p>8:30 Cards-21/Dice Game-SAR 8:30 Memory Games-LAR 8:30 Garden Group-LAR-Sun Porch/Patio 9:00-9:50 Morning Devotional-ML 9:00 Jingo-SAR 9:00Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Capital One Bingo-LAR/SAR 1:30 Word Play-SAR 1:30 More Than Music-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Word Play-LAR 3:00 Wii Bowling-GR-4800 4:00 Jeopardy-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>20) International Day of Happiness</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 "How It's Made-LAR 11:00 Trivia/Table Games-SAR 11:00 Women's Support Group-Wellness 1:30 "Scattogories"-SAR 1:30 "Let's Remember Together"-LAR 1:30 Music and Movement-Wellness 1:40 Visit w/ Paddy Therapy Dog 3:00 Music Therapy-LAR 3:00 "How It's Made"-SAR 3:00 Wii Bowling-GR 4:00 Game Time-SAR 4:00 Discussion Circle-LAR 5:00 Group Activity-SAR</p>	<p>21) Quilting Day</p> <p>Supervisor: Katie 9:00 Coffee Chat 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>23) Chip and Dip Day</p> <p>8:30 Left/Right/Center-LAR 8:30 Left/Right Center-SAR 9:00 Memory Games-SAR 9:00 Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Hymn Sing-SAR 11:00 Discussion Circle-LAR 11:00 Coloring Group w/ Karen-CR 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Are We There Yet? -LAR 1:30 Wii Bowling-GR-4800 1:30 Visit w/Carolyn & "Colby"-Therapy Dog 3:00 "Pocket Picks"-LAR 3:00 Turn a Phrase-SAR 3:00 Music & Art-ML 3:00 Classic Rock Appreciation Grp.-MR-4800 4:00 It's Trivial-LAR 4:00 Word Games-SAR 5:00 Group Activity-SAR</p>	<p>24) Monthly Social w/ Genworth!</p> <p>8:30 Bowling Dice-LAR 8:30 Roll the Dice-SAR 9:00 Memory Games-LAR 9:00 Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 "Mad Hatter Tea Party" w/Genworth-S/L 1:30 Music Games-SAR 1:30 What's In the Bag?-LAR 1:30 Wii Bowling-GR-4800 1:30 Stroke Group-MPR/ML 3:00 Music Jeopardy-LAR 3:00 Are We There Yet?-SAR 3:00 Sport Group-ML 4:00 "Pocket Picks"-SAR 4:00 Word Games-LAR 5:00 Group Activity-SAR</p>	<p>25) Wear Wacky Socks Day</p> <p>8:30 Color Shape Bingo-LAR 8:30 Headlines/Cards-SAR 9:00-9:50 Morning Devotional-ML 9:00 Table Games-LAR/Table Games-SAR 10:00 Exercise-LAR/SAR 11:00 Name That Tune-LAR/Chair Yoga-MR-4800 11:00 What's In the Bag?-SAR 11:00 Coloring Group w/ Karen-ML 1:30 Table Games-SAR 1:30 Chair Dance-LAR 1:30 Craft Group-GR-4800 1:30 Participant Support Grp-Wellness 3:00 Chat w/Rachel-Wellness 3:00 "Let's Remember Together"-SAR 3:00 Him vs Them-LAR 4:00 Discussion Group-LAR 4:00 It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>26) Welcome Freddy & Bob!</p> <p>8:30 Cards-21/Dice Game-SAR 8:30 Memory Games-LAR 8:30 Garden Group-LAR-Sun Porch/Patio 9:00-9:50 Morning Devotional-ML 9:00 Jingo-SAR 9:00 Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Art /Craft Grp.-GR-4800 11:00 This Day In History-LAR 11:00 More Than Music-SAR 1:30 Word Play-SAR 1:30 Music with Freddy & Bob-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Word Play-LAR 3:00 Wii Bowling-GR-4800 4:00 Jeopardy-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>27) Funny Friday</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 "How It's Made"-LAR 11:00 Trivia/Table Games-SAR 11:00 Women's Support Group-Wellness 1:30 "Scattegories"-SAR 1:30 "Let's Remember Together"-LAR 1:30 Music and Movement-Wellness 3:00 Music Therapy-LAR 3:00 "How It's Made"-SAR 3:00 Wii Bowling-GR 4:00 Game Time-SAR 4:00 Discussion Circle-LAR 5:00 Group Activity-SAR</p>	<p>28) Something on a Stick Day</p> <p>Supervisor: Nick 9:00 Coffee Chat 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>
<p>30) Thank your Doctor Day</p> <p>8:30 Left/Right/Center-LAR 8:30 Left/Right Center-SAR 9:00 Memory Games-SAR 9:00 Table Games-LAR 10:00 Exercise-LAR/SAR 11:00 Hymn Sing-SAR 11:00 Discussion Circle-LAR 11:00 Coloring Group w/ Karen-CR 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Are We There Yet? -LAR 1:30 Wii Bowling-GR-4800 3:00 "Pocket Picks"-LAR 3:00 Turn a Phrase-SAR 3:00 Music & Art-ML 3:00 Classic Rock Appreciation Grp.-MR-4800 4:00 It's Trivial-LAR 4:00 Word Games-SAR 5:00 Group Activity-SAR</p>	<p>31) Welcome Grandtones!</p> <p>8:30 Bowling Dice-LAR 8:30 Roll the Dice-SAR 9:00 Memory Games-LAR 9:00 Brain Games-SAR 10:00 Exercise-LAR/SAR 11:00 Name That Tune-SAR 11:00 More Than Music-LAR 11:00 Montessori- ML 1:30 Music Games-SAR 1:30 What's In the Bag?-LAR 1:30 Wii Bowling-GR-4800 1:30 Stroke Group-MPR/ML 3:00 Music Jeopardy-LAR 3:00 Are We There Yet?-SAR 3:00 Sport Group-ML 4:00 "Pocket Picks"-SAR 4:00 Word Games-LAR 5:00 Group Activity-SAR</p>				

March Birthdays

Jeanette T. (staff)	3/7
Chuck T.	3/10
Elizabeth P. (staff)	3/10
Frank G.	3/16
Tersa M.	3/16
Bernard R.	3/17
Diana P.	3/18
Esther H.	3/19
Vallerie H.	3/20
Stefanie K. (staff)	3/25
Beatrice P.	3/30
Sheila S. (staff)	3/30



WELLNESS
One to One Sessions-T & TH-11-12
Boost Your Bones-M, T, W, F- 9-10; Th-10-11
Weight Lifting-M, T, TH-1:30 -2:30; W-10-11
Range of Motion Group- M-10-11
Music & Movement Group-Fri.-1:30-2:25
Participant Support Grp.-1:30-2:30
MEN'S GROUP-Mon-11:00- 12:00
WOMEN'S GROUP- Fri-11:00-12:00

DEAR ABBY W/RACHEL- Wed-3:00-3:45-Wellness

GAME ROOM- Wii -M & T-1:30-2:30; TH & F-3:00-4:00

LAR/L-Large Activity Room; SAR/S-Small Activity Room; 4800-DR-Day Room; GR-Game Room; L-Library; CR-Craft Rm; MPR-Multi-Purpose Room; SP-Sun Porch; P-Patio MR-Music Room; MSE-Multi Sensory Environment; CL-Club Room.

MEMORY LANE
Montessori T 11-12; 3-4; W 3-4, TH 1:30-2:25
Music & Art Mon.- 3:00-4:00
Games Group Thurs. 11-12
Coloring Group Wed 11-12
Stroke Group-Tues.-1:30-2:30
Music Therapy (Small Grp)-Mon. 1:30-2:25, Fri. 11-12
What's In the Bag? -Mon. 11-12
Devotions Wed. & Thurs.-9-10
Sports Group-Tues.-3-4

MUSIC THERAPY GROUPS
Music Games-Tues. 1:30-2:30 SAR
Music Therapy-Thurs. 1:30-2:30 LAR; Fri 3-4 LAR
Hymn Sing-Mon. 11-12 SAR
Music Jeopardy-Tues.-3-4-LAR
More Than Music-Tues 11-12-LAR; TH-11-12-SAR
Choir-Wed.-11-12-Wellness
One on One Sessions Throughout the day-Mon; Wed
Music Room Groups
Classic Rock Appreciation Grp-Mon.-3-4
Yoga Wed. 11-12

Participants are encouraged to choose recreational programs of interest, consistent with their plan of care, and make suggestions of other activities they would enjoy.
*Activities in bold print/underlined, are led by or participated in by members of the community.

March is...

Spring Into Spring Month
Egg-Citing March Month
Women's History Month
Green Month/Shamrock Month
Spiritual Awareness Month
Deaf History Month
Luck of the Irish Month
Irish-American Heritage Month/Greek Heritage Month
International Listening Awareness Month
Employee Spirit Month
Music Therapist & Social Workers Month
Creative Arts & March Music Month
Graham Cracker/Potato Chip Month
Agriculture Appreciation Month
International Ideas Month
Plaids & Plaid Month
Landmarks & Monuments Month
Dominoes Month