



Circle Center Adult Day Services Activity Calendar August 2019-4800/4900 West Marshall Street

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					
			<p>1) Welcome to August Day Happy Birthday Eliza W.</p> <p>8:30 Cards-21/DiceGame-SAR/Memory Games-LAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-SAR/Table Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominos/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-SAR/Pathways-LAR 1:30 Music Therapy-LAR/Word Play-SAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-SAR/Dominos-LR 3:00 What's In the Bag?-LAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>2) Seeing Double Day/Twin Day</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-LAR 11:00 Trivia/Table Games-SAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Word Play-DR-4800 1:30 Arm Chair Travel-LAR 1:30 Friday Fun-SAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-SAR/Game Fun-LAR 5:00 Group Activity-SAR</p>	<p>3) Watermelon Day</p> <p>Supervisor: Nick 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>
<p>5) Bargain Hunter Week Begins</p> <p>8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-SAR/Table Games-LAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-SAR 11:00 Discussion Circle-LAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Matching Fun-LAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 3:00 Let' Remember Together-LAR 3:00 Pictionary-SAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-LAR/Game Time-SAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Group Activity-SAR</p>	<p>6) Trademark Tuesday</p> <p>8:30 Bowling Dice-LAR/Roll the Dice-SAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-LAR/Brain Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-SAR 11:00 This Week in History-LAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-LAR 1:30 What's In the Bag?-SAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-LAR 3:00 Music Jeopardy-SAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-SAR/Word Games-LAR 5:00 Group Activity-SAR</p>	<p>7) Purple Heart Anniversay Happy Birthday Lula G. & Thi D.</p> <p>8:30 Color Shape Bingo-LAR/Headlines/Cards-SAR 9:00 Table Games-LAR/Table Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/DR/SAR 11:00 Music Memories-LAR 11:00 This Week in History-SAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 What's In the Bag-LAR/Craft Group-CR-LAR 1:30 Chair Dance-SAR/Participant Support Grp-MR 1:30 Cards/Dominos/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-SAR 3:00 Story Time-LAR 4:00 Game Time-LAR/It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>8) Happiness Happens Day Happy Birthday Delores H.</p> <p>8:30 Cards-21/DiceGame-SAR/Memory Games-LAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-SAR/Table Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominos/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-SAR/Pathways-LAR 1:30 Music Therapy-LAR/Word Play-SAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-SAR/Dominos-LR 3:00 What's In the Bag?-LAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>9) Vacation Memories Day/Foot Health Friday Happy Birthday Audrey W.</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-LAR 11:00 Trivia/Table Games-SAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Word Play-DR-4800 1:30 Arm Chair Travel-LAR 1:30 Friday Fun-SAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-SAR/Game Fun-LAR 5:00 Group Activity-SAR</p>	<p>10) World Lion Day</p> <p>Supervisor: Elizabeth 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>
<p>12) Melon Monday/World Elephant Day Happy Birthday Karen R.</p> <p>8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-SAR/Table Games-LAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-SAR 11:00 Discussion Circle-LAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Matching Fun-LAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 3:00 Let' Remember Together-LAR 3:00 Pictionary-SAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-LAR/Game Time-SAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Group Activity-SAR</p>	<p>13) Wear Your Birthstone Day</p> <p>8:30 Bowling Dice-LAR/Roll the Dice-SAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-LAR/Brain Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-SAR 11:00 This Week in History-LAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-LAR 1:30 What's In the Bag?-SAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-LAR 3:00 Music Jeopardy-SAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-SAR/Word Games-LAR 5:00 Group Activity-SAR</p>	<p>14) V-J Day</p> <p>8:30 Color Shape Bingo-LAR/Headlines/Cards-SAR 9:00 Table Games-LAR/Table Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/DR/SAR 11:00 Music Memories-LAR 11:00 This Week in History-SAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 What's In the Bag-LAR/Craft Group-CR-LAR 1:30 Chair Dance-SAR/Participant Support Grp-MR 1:30 Cards/Dominos/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-SAR 3:00 Story Time-LAR 4:00 Game Time-LAR/It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>15) National Relaxation Day</p> <p>8:30 Cards-21/DiceGame-SAR/Memory Games-LAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-SAR/Table Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominos/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-SAR/Pathways-LAR 1:30 Music Therapy-LAR/Word Play-SAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-SAR/Dominos-LR 3:00 What's In the Bag?-LAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>16) Wear a Hawaiian Shirt Day Happy Birthday Mary T.-F.</p> <p>8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-LAR 11:00 Trivia/Table Games-SAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Word Play-DR-4800 1:30 Arm Chair Travel-LAR 1:30 Friday Fun-SAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-SAR/Game Fun-LAR 5:00 Group Activity-SAR</p>	<p>17) State Fair Day</p> <p>Supervisor: Stephanie 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30-2:25 Activity 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19) World Photo Day Happy Birthday Mary R., Stuart C., & Viola Mc. 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-SAR/Table Games-LAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-SAR 11:00 Discussion Circle-LAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Matching Fun-LAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 3:00 Let' Remember Together-LAR 3:00 Pictionary-SAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-LAR/Game Time-SAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Group Activity-SAR</p>	<p>20) Lemonade's Birthday 8:30 Bowling Dice-LAR/Roll the Dice-SAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-LAR/Brain Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-SAR 11:00 This Week in History-LAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-LAR 1:30 What's In the Bag?-SAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-LAR 3:00 Music Jeopardy-SAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-SAR/Word Games-LAR 5:00 Group Activity-SAR</p>	<p>21) National Senior Citizen's Day Happy Birthday Maxine G. & Leonora T. (Sat.) 8:30 Color Shape Bingo-LAR/Headlines/Cards-SAR 9:00 Table Games-LAR/Table Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/DR/SAR 11:00 Music Memories-LAR 11:00 This Week in History-SAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 What's In the Bag-LAR/Craft Group-CR-LAR 1:30 Chair Dance-SAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00 Monthly Birthday Social-SAR/LAR 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-SAR 3:00 Story Time-LAR 4:00 Game Time-LAR/It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>22) Welcome Genworth Volunteers 8:30 Cards-21/DiceGame-SAR/Memory Games-LAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-SAR/Table Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-SAR/Pathways-LAR 1:30 Music Therapy-LAR/Word Play-SAR 1:30-3:00 Bingo w/Genworth-4800/SAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-SAR/Dominoes-LR 3:00 What's In the Bag?-LAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 3:00 Monthly Birthday Social-4800 4:00 Trivia/Common Factor-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>23) World Daffodil Day Happy Birthday Barbara W. & Joseph Mc., James D. 8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-LAR 11:00 Trivia/Table Games-SAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Word Play-DR-4800 1:30 Arm Chair Travel-LAR 1:30 Friday Fun-SAR 1:30 Music and Movement-Wellness 1:40 Visit w/Fred & Paddy-Therapy Dogs 3:00 Sing-a-Long-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-SAR/Game Fun-LAR 5:00 Group Activity-SAR</p>	<p>24) Happy Birthday Potato Chips Happy Birthday Phyllis R. Supervisor: Mary 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity 12:30-1:30 Lunch 1:30 Music w/David 2:30 Afternoon Snack 3:00-3:30 Activity 3:30-4:00 Activity 4:00-4:30 Trivia 4:30-5:00 Discussion</p>
<p>26) Women's Equality Day/National Dog Day 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-SAR/Table Games-LAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-SAR 11:00 Discussion Circle-LAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Discussion Group-SAR 1:30 Matching Fun-LAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 1:30 Visit w/Carolyn & "Colby"-Therapy Dog 3:00 Let' Remember Together-LAR 3:00 Pictionary-SAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-LAR/Game Time-SAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Group Activity-SAR</p>	<p>27) Banana Lovers Day 8:30 Bowling Dice-LAR/Roll the Dice-SAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-LAR/Brain Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-SAR 11:00 This Week in History-LAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-LAR 1:30 What's In the Bag?-SAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-LAR 3:00 Music Jeopardy-SAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-SAR/Word Games-LAR 5:00 Group Activity-SAR</p>	<p>28) Wear White Wednesday 8:30 Color Shape Bingo-LAR/Headlines/Cards-SAR 9:00 Table Games-LAR/Table Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/DR/SAR 11:00 Music Memories-LAR 11:00 This Week in History-SAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 What's In the Bag-LAR/Craft Group-CR-LAR 1:30 Chair Dance-SAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-SAR 3:00 Story Time-LAR 4:00 Game Time-LAR/It's Trivial-SAR 5:00 Group Activity-SAR</p>	<p>29) Lemon Juice Day 8:30 Cards-21/DiceGame-SAR/Memory Games-LAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-SAR/Table Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-SAR/Pathways-LAR 1:30 Music Therapy-LAR/Word Play-SAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-SAR/Dominoes-LR 3:00 What's In the Bag?-LAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-SAR 4:00 Conversation Cards-LAR 5:00 Group Activity-SAR</p>	<p>30) College Colors Day Happy Birthday James A. on Sat. 8/31 8:30 Roll the Dice-LAR/Bowling Dice-SAR 9:00 Table Games-LAR/Brain Games-SAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-LAR 11:00 Trivia/Table Games-SAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Word Play-DR-4800 1:30 Arm Chair Travel-LAR 1:30 Friday Fun-SAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-LAR 3:00 Tic-Tac-Toe Trivia-SAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-SAR/Game Fun-LAR 5:00 Group Activity-SAR</p>	<p>31) SORRY, WE ARE CLOSED FOR LABOR DAY WEEKEND</p> 

August Birthdays

Eliza W.	8/1	Barbara W.	8/23
Lula G.	8/7	Joseph Mc.	8/23
Thi D.	8/7	James D.	8/23
Delores H.	8/8	Phyllis R.	8/24
Audrey W.	8/9	James A.	8/31
Karen R.	8/12		
Mary T-F.	8/16		
Stuart C.	8/19		
Viola Mc.	8/19		
Mary R.	8/19		
Maxine G.	8/21		
Leonora T.	8/21		



<p>WELLNESS One to One Sessions-M-F-8:30-9AM; M, TH-10-12:30; T, W, F-11:00-12:30; M, T, W, F-1-1:30 Boost Your Bones-Mon.- Fri.-9:00 Weight Lifting-Mon.-Thurs.-1:30 Range of Motion Group- Mon., Wed -3:00 Words of Advice Group- Wed. 11:00 Music & Movement Group-Fri.-1:30 Exercise Group-Fri. 3:00</p> <p>4800 WELLNESS GROUPS Wii Group-Mon. & Tues. 1:30; Thurs. & Fri. 3:00-GR</p> <p>MEN'S GROUP-Mon-11:00- 12:00-Wellness WOMEN'S GROUP- Fri-11:00-12:00-Wellness</p> <p>*Activities in bold print/underlined, are led by or participated in by members of the community.</p> <p>LAR/L-Large Activity Room; SAR/S-Small Activity Room; 4800-DR-Day Room; GR-Game Room; L-Library; CR-Craft Rm; MPPR-Multi-Purpose Room; SP-Sun Porch; P-Patio MR-Music Room; MSE-Multi Sensory Environment; Club Room-CLRm</p>	<p>MEMORY LANE Montessori Tues. & Thurs. 11:00-12:00 Music Therapy Mon. 1:30, Fri. 11:00 Art/Craft Tues. 1:30 Chair Aerobics Tues.-3:00; Thurs. 1:30 Getting To Know You Wed. 1:30 Range of Motion Group Thurs. 3:00 What's In the Bag? Mon. 11:00, Wed. 11:00; Mon.-Fri. 4:00-5:00</p> <p>MUSIC THERAPY GROUPS Music Therapy Grp.-Mon. 11:00-LAR; Tues.-11:00-DR; Thur. 1:30-SAR Music Discussion Group-Mon.-3:00-DR Hymn Sing-Tues.-1:30-SAR Music Jeopardy-Tues.-3:00-LAR More Than Music-Thur.-11:00-DR Sing-a-Long-Fri. 3:00-SAR One on One Sessions Throughout the day-Tues., Wed.; Thurs.</p> <p>Music Room Groups Name That Tune-Mon. 1:30 Stroke Group-Tues. 1:30 Choir Rehearsal-Wed. 11:00 Participant Support Group-Wed.-1:30 More Than Music-Thurs.-11:00</p>
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August is...

- American Adventures Month
- American Artists/Art Appreciation Month
- Bargain Lovers Month
- Beat the Heat Month
- Boomers Making a Difference Month
- Diversity Awareness Month
- Family Fun Month
- Fair Days Month
- Flip-Flops & Sunglasses Month
- Happiness Happens Month
- Kool-Aid Month
- Lemon/Melon Month
- Popsicle Stick Crafts Month
- Cataract Awareness Month
- Foot Health Month
- Medical Alert Awareness Month
- Simplify Your Life Month
- Relaxation Month