

EVERYONE DESERVES A GOOD DAY

A RICHMOND TRADITION IN ADULT DAY SERVICES SINCE 1976—FOR 43 YEARS — MORE THAN YOU IMAGINED!

www.circlecenterva.org

CAREGIVER UPDATE

IMPORTANT DATES IN AUGUST

<u>Fri 8/2</u>	Dress Like A Twin Day
<u>Thurs 8/8</u>	National Women’s Day
<u>Fri 8/16</u>	Wear A Hawaiian Shirt Day
<u>Wed 8/21</u>	National Senior Citizen’s Day
<u>Wed 8/28</u>	Wear White Day
<u>Fri 8/30</u>	Wear College Colors Day
<u>Sat 8/31</u>	<u>Closed for Labor Day</u>
<u>Mon 9/2</u>	<u>Closed for Labor Day</u>



Please be aware of the possibility of scam calls to your cell phones. Some participants have cell phones and are vulnerable to scammers trying to take advantage.

Recently we have had some instances, with staff and participants, in which the scammers are impersonating the **Social Security Agency** asking for sensitive information.

Phone and online fraud as well as scams are referred to as “spoofing”. *Spoofing* means that scammers are trying to imitate something of familiar nature to make you feel comfortable enough to give out personal information such as addresses and social security numbers.

Here are some tips to help you manage these calls:

- Do not answer calls from numbers you do not recognize.
- Do not return calls to phone numbers you have missed. If it is someone who is legit, they will leave a message.
- If you answer the call and suspect it is a scammer, **HANG UP** — do not try to out-smart the caller. The longer you talk the more at risk you will be to them getting your information.
- If the caller states they are calling from a familiar agency (Social Security, Apple, IRS, etc), tell them you will call them back — hang up, look up the number to that agency from a trusted source/number posted on their website, and then place a call directly to the agency. Do not call the number that called you.
- Report the scam to the agency that is being imitated on the call.

SAVE THE DATE:

December 11, 2019

Join us for an engaging, educational, and enlightening program led by Teepa Snow, National Dementia Care Expert.

Teepa will address eating and nutritional issues, recognizing medical emergencies, and the latest in screening and assessment tools. This all-day program is designed for both professional and family caregivers.

Tickets will be available to purchase starting September 1 through our website www.circlecenterva.org or by phone at (804)355-5717

SHOES REMINDERS

For your participant’s safety, your loved one must wear closed-toed shoes while at Circle Center. Tennis shoes, loafers, flats and other durable closed-toed shoes are better for walking, exercising and preventing falls.



CIRCLE CENTER PHOTO CONTEST

Last year our Activities Coordinator, Mary A, put together a Photo Contest Bulletin Board for the month of September. It was a huge success and tons of fun for staff and participants!

Mary A would like to do the contest again this year! She is asking for photos from childhood to young adult ONLY.

The board will be put together at the beginning of September so please make sure your photo is in by August 1.

Thank you!

The Caregiver Spouse Support Group will meet on the 1st and 3rd Monday of each month 3p-4:30p with our Social Worker Caitlyn Patey.

This month's meetings: August 5 & August 19

MEMORY BOXES

We are currently working to create an Interactive Memory Room for our participants with Dementia. In doing so, we are collecting items that will prompt memories and conversations about past experiences. Busy Boards, doll therapy, and dress-up are other ways we encourage cognitive and physical engagement while decreasing anxiety.

Below are items that could be part of this exciting new space.

1940-1970's era

- Hand-Held Mirror
- Costume Necklaces
- Combs
- Boas/Novelty Scarves
- Small Mailbox
- Nostalgic Wall Art
- Postcards/Pamphlets
- Photos/Books of Familiar Richmond Landmarks
- Photos/Books of Cars/Outdoor Activities/Fashion/Nature/Sight-Seeing
- Military/Political Memorabilia (pins, buttons, photos)
- Transistor Radio
- Wood Shoe Polishing Box
- New Shoe Polishing Brush
- Toys/Games

Other

- Shadow Boxes
- Vanity with Mirror
- Small Bassinet
- Baby Changing Pads



If you would like to donate any of these or similar items please feel free to contact Katie Carter, MT-BC, kcarter@circlecenterva.org.

Thank you for supporting Circle Center.

CAREGIVER SUPPORT GROUP

Join our social workers, Jay Burkhardt and Caitlyn Patey, for our monthly Caregiver Support Meeting. **The group meets the last Thursday of each month from 4:30-6:00pm.** This month's meeting will be held on **Thursday, August 29, 2019.**

ATTENDANCE REMINDER

It is very important that we know if your loved one will not be at the Center on one or more of their scheduled days. We staff as well as order food and supplies based on the number of participants we are taking care of each day.



If there is an appointment that **must** be scheduled on that day, or any other reason for an absence, please let us know with as much notice as you can. Keep us in the loop as far in the future as possible!

Charges for care at Circle Center are based on the number of days **scheduled** each week, rather than the days **attended**, and are payable for the upcoming week by Friday. (If Medicaid pays for your services, you do not need to pay us directly unless you have a co-pay.) **Participants are charged for the days they are absent.** Our policy (located in your Circle Center Participant Handbook) states that payment is due prior to provision of services. Again, this allows us to plan ahead for meals and staffing. Also, if you plan to withdraw your loved one from the Center, you must give two week's notice. If you would like a statement or invoice each month, please call Stefanie King at the Center.

PARKING ZONE



Circle Center has a number of Handicapped Parking spots available at the Center. These spots allow for our participants and families to park closer to the building. It also provides easier access to the entrance. We encourage parking in these spots to maintain safety and to reduce barriers getting into the Center such as "crossing" the busy parking lot.

Please know that we do **not** require a handicap parking tag to have access to these spots. If you are transporting your loved one to the Center, please feel free to use these spaces.

Thank you!