





Circle Center Adult Day Services Activity Calendar May 2019-4800/4900 West Marshall Street

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1) CCADS 43rd Anniversary/Open House-3-6PM Happy Birthday Kathleen R. 8:00 Table Games-LAR 8:30 Color Shape Bingo-SAR/Headlines/Cards-LAR 9:00 Table Games-SAR/Table Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Music Memories-SAR 11:00 This Week in History-LAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 Table Games-SAR/Craft Group-CR-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00-4:45 Range of Motion/Jeopardy-Wellness 3:00-4:45 Drum Circle/Sing-a-Long-SAR 3:00-4:45 Are We There Yet/Reminisce-LAR 3:00-4:45 Gardening-Sun Porch/Patio-LAR 3:00-4:45 Crafts-Memory Lane</p>	<p>2) "D" for Dandelion Day Happy Birthday Vanessa N. (staff) 8:00 Table Games-LAR 8:30 Cards-21/DiceGame-LAR/Memory Games-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-LAR/Table Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00More Than Music-MR 11:00 What's In the Bag?-LAR 11:00 Stories & Songs-SAR 1:30 Music Therapy-SAR/Word Play-LAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-LAR/Dominoes-SP-LAR 3:00 What's In the Bag?-SAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-LAR 4:00 Conversation Cards-SAR 5:00 Round Robin Games</p>	<p>3) 2 Different Colored Shoes Day Welcome Encore Dancers Happy Birthday Victoria B. & Larry H. (Sun.5/5) 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Brain Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-SAR/Trivia/Table Games-LAR 11:00 Art/Craft Group-Game Room-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:40 Encore Dancers-LAR 1:30 Let's Remember Together-DR-4800 1:30 Arm Chair Travel-SAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-SAR 3:00 Tic-Tac-Toe Trivia-LAR 3:00 Wii Bowling-GR 3:00 Cognitive Games-DR-4800 4:00 Game Time-LAR/Game Fun-SAR</p>	<p>4) Cinco De Mayo is Sunday Supervisor: Stephanie 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity/Pathways 12:30-1:30 Lunch 1:45-2:25 Activity 1:45-2:25 Coloring-CR/SP 2:30 Afternoon Snack 3:00-4:30 Activity/Movie 3:00-4:30 Puzzles-CR/SP 4:30-5:00 Trivia/Discussion</p>
<p>6) National Nurses Week/Ramadan 8:00 Table Games-LAR 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-LAR/Table Games-SAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-LAR 11:00 Discussion Circle-SAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Discussion Group-LAR 1:30 Matching Fun-SAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 3:00 Let' Remember Together-SAR 3:00 Pictionary-LAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-SAR/Game Time-LAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Round Robin Games-SAR</p>	<p>7) Travelin' Tunes Tuesday Happy Birthday Lewis G. 8:30 Bowling Dice-SAR/Roll the Dice-LAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-SAR/Brain Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-LAR 11:00 This Week in History-SAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-SAR 1:30 What's In the Bag?-LAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-SAR 3:00 Music Jeopardy-LAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-LAR/Word Games-SAR 5:00 Round Robin Games-SAR</p>	<p>8) Receptionists Day Happy Birthday Bertha L. 8:30 Color Shape Bingo-SAR/Headlines/Cards-LAR 9:00 Table Games-SAR/Table Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Music Memories-SAR 11:00 This Week in History-LAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 Table Games-SAR/Craft Group-CR-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-LAR 3:00 Story Time-SAR 4:00 Game Time-SAR/It's Trivial-LAR 5:00 Round Robin Games-SAR</p>	<p>9) Stripes Day 8:00 Table Games-LAR 8:30 Cards-21/DiceGame-LAR/Memory Games-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-LAR/Table Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00More Than Music-MR 11:00 What's In the Bag?-LAR 11:00 Stories & Songs-SAR 1:30 Music Therapy-SAR/Word Play-LAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-LAR/Dominoes-SP-LAR 3:00 What's In the Bag?-SAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-LAR 4:00 Conversation Cards-SAR 5:00 Round Robin Games</p>	<p>10) Military Spouse Appreciation Day Happy Birthday Loretta S. (Sun. 5/12) 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Brain Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-SAR/Trivia/Table Games-LAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Let's Remember Together-DR-4800 1:30 Arm Chair Travel-SAR/Friday Fun-LAR 1:30 Music and Movement-Wellness 1:40 Visit w/Paddy & Fred-Therapy Dogs 3:00 Sing-a-Long-SAR 3:00 Tic-Tac-Toe Trivia-LAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-LAR/Game Fun-SAR 5:00 Round Robin Games</p>	<p>11) Mother's Day is Sunday Supervisor: Mary 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity/Pathways 12:30-1:30 Lunch 1:30 Music w/David 1:45-2:25 Coloring-CR/SP 2:30 Afternoon Snack 3:00-4:30 Activity/Movie 3:00-4:30 Puzzles-CR/SP 4:30-5:00 Trivia/Discussion</p>
<p>13) Wear Floral Patterns Day 8:00 Table Games-LAR 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-LAR/Table Games-SAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-LAR 11:00 Discussion Circle-SAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Visit w/Carolyn & "Colby"-Therapy Dog 1:30 Discussion Group-LAR 1:30 Matching Fun-SAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 3:00 Let' Remember Together-SAR 3:00 Pictionary-LAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-SAR/Game Time-LAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Round Robin Games-SAR</p>	<p>14) Dance Like a Chicken Day 8:00 Table Games-LAR 8:30 Bowling Dice-SAR/Roll the Dice-LAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-SAR/Brain Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-LAR 11:00 This Week in History-SAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-SAR/What's In the Bag?-LAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 Monthly Birthday Social-LAR/4800 3:00 What's In the Bag?-SAR/Chair Exercise-ML 3:00 Music Jeopardy-LAR 3:00 Rock Appreciation-GR-4800 4:00 Games-LAR/Word Games-SAR 5:00 Round Robin Games-SAR</p>	<p>15) Celebrate Your Inner Beauty Day 8:30 Color Shape Bingo-SAR/Headlines/Cards-LAR 9:00 Table Games-SAR/Table Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Music Memories-SAR 11:00 This Week in History-LAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 Table Games-SAR/Craft Group-CR-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-LAR/Story Time-SAR 3:00 Monthly Birthday Social-SAR 4:00 Game Time-SAR/It's Trivial-LAR 5:00 Round Robin Games-SAR</p>	<p>16) Picture Postcard Day 8:30 Cards-21/Dice Game-LAR/Memory Games-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-LAR/Table Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00More Than Music-MR 11:00 What's In the Bag?-LAR 11:00 Stories & Songs-SAR 1:30 Music Therapy-SAR/Word Play-LAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-LAR/Dominoes-SP-LAR 3:00 What's In the Bag?-SAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-LAR 4:00 Conversation Cards-SAR 5:00 Round Robin Games</p>	<p>17) Flower Superstitions Day 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Brain Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-SAR/Trivia/Table Games-LAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Let's Remember Together-DR-4800 1:30 Arm Chair Travel-SAR/Friday Fun-LAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-SAR 3:00 Tic-Tac-Toe Trivia-LAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-LAR/Game Fun-SAR 5:00 Round Robin Games</p>	<p>18) Culture Freedom Day Supervisor: Jen 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity/Pathways 12:30-1:30 Lunch 1:45-2:25 Activity 1:45-2:25 Coloring-CR/SP 2:30 Afternoon Snack 3:00-4:30 Activity/Movie 3:00-4:30 Puzzles-CR/SP 4:30-5:00 Trivia/Discussion</p>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20) Make a Kite Monday Happy Birthday Cathie S. 8:00 Table Games-LAR 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Memory Games-LAR/Table Games-SAR 9:00 Garden Group-Day Room 10:00 Exercise-LAR/SAR/DR 11:00 Music Group Therapy-LAR 11:00 Discussion Circle-SAR 11:00 Art/Craft Grp.-GR/Arm Chair Travel DR-4800 11:00 Men's Support Group-Wellness 1:30 Discussion Group-LAR 1:30 Matching Fun-SAR 1:30 Name That Tune-DR-4800 1:30 Wii Bowling-GR-4800 3:00 Let's Remember Together-SAR 3:00 Pictionary-LAR 3:00 Music Discussion Group-DR/MR-4800 4:00 It's Trivial-SAR/Game Time-LAR 4:00 Discussion Grp.-Day Rm.-4800 5:00 Round Robin Games-SAR</p>	<p>21) Double Trouble Day Happy Birthday Peggie L. 8:00 Table Games-LAR 8:30 Bowling Dice-SAR/Roll the Dice-LAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-SAR/Brain Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-LAR 11:00 This Week in History-SAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-SAR 1:30 What's In the Bag?-LAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-SAR 3:00 Music Jeopardy-LAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-LAR/4:00 Word Games-SAR 5:00 Round Robin Games-SAR</p>	<p>22) Pedal Pushers Day 8:00 Table Games-LAR 8:30 Color Shape Bingo-SAR/Headlines/Cards-LAR 9:00 Table Games-SAR/Table Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Music Memories-SAR 11:00 This Week in History-LAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 Table Games-SAR/Craft Group-CR-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-LAR 3:00 Story Time-SAR 4:00 Game Time-SAR/It's Trivial-LAR 5:00 Round Robin Games-SAR</p>	<p>23) Jazz It Up Day 8:00 Table Games-LAR 8:30 Cards-21/DiceGame-LAR/Memory Games-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-LAR/Table Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-LAR 11:00 Stories & Songs-SAR 1:30 Music Therapy-SAR/Word Play-LAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-LAR/Dominoes-SP-LAR 3:00 What's In the Bag?-SAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-LAR 4:00 Conversation Cards-SAR 5:00 Round Robin Games</p>	<p>24) Building Bridges Day Happy Birthday Judy M. & Vera L. 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Brain Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-SAR/Trivia/Table Games-LAR 11:00 Art/Craft Group-GR-4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Let's Remember Together-DR-4800 1:30 Arm Chair Travel-SAR/Friday Fun-LAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-SAR 3:00 Tic-Tac-Toe Trivia-LAR 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-LAR/Game Fun-SAR 5:00 Round Robin Games</p>	<p>25) SORRY CCADS IS CLOSED FOR THE HOLIDAY Happy Birthday Charles A.</p> 
<p>27) SORRY CCADS IS CLOSED IN OBSERVANCE OF MEMORIAL DAY</p> 	<p>28) Paper Toys Day 8:00 Table Games-LAR 8:30 Bowling Dice-SAR/Roll the Dice-LAR 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Memory Games-SAR/Brain Games-LAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-LAR 11:00 This Week in History-SAR 11:15 Music Therapy Group-Day Rm-4800 1:30 Hymn Sing-SAR 1:30 What's In the Bag?-LAR 1:30 Discussion Group-DR/Wii Bowling-GR-4800 1:30 Stroke Group-MR/4800 3:00 What's In the Bag?-SAR 3:00 Music Jeopardy-LAR 3:00 Rock Appreciation-GR-4800 3:00 Chair Exercise-ML 4:00 Games-LAR/Word Games-SAR 5:00 Round Robin Games-SAR</p>	<p>29) Nat'l Senior Health & Fitness Day 8:00 Table Games-LAR 8:30 Color Shape Bingo-SAR/Headlines/Cards-LAR 9:00 Table Games-SAR/Table Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Music Memories-SAR 11:00 This Week in History-LAR 11:00 Art/Craft Group w/Mary & Audrey-GR-4800 11:00 Discussion Group-DR-4800 11:00 Choir Rehearsal Group-MR-4800 1:30 Table Games-SAR/Craft Group-CR-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Cards/Dominoes/Puzzles-DR-4800 3:00 Sports Group w/Nick-GR-4800 3:00 Chat w/Rachel-4800 3:00 Let's Remember Together-LAR 3:00 Story Time-SAR 4:00 Game Time-SAR/It's Trivial-LAR 5:00 Round Robin Games-SAR</p>	<p>30) A Lovely Day 8:00 Table Games-LAR 8:30 Cards-21/DiceGame-LAR/Memory Games-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Morning Devotional-ML/Morning Mingle-DR 9:00 Jingo-LAR/Table Games-SAR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Art /Craft Grp.-GR/Puzzles/Dominoes/Cards-DR 11:00 More Than Music-MR 11:00 What's In the Bag?-LAR 11:00 Stories & Songs-SAR 1:30 Music Therapy-SAR/Word Play-LAR 1:30 What's In the Bag?-DR-4800 1:30 Chair Aerobics-ML 3:00 Arm Chair Travel-LAR/Dominoes-SP-LAR 3:00 What's In the Bag?-SAR 3:00 Jeopardy-MR/Wii Bowling-GR-4800 4:00 Trivia/Common Factor-LAR 4:00 Conversation Cards-SAR 5:00 Round Robin Games</p>	<p>31) Favorite Decades Monthly Social 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Brain Games-LAR 9:00 Morning Mingle-DR 9:30 In the News/Cards-DR-4800 10:00 Exercise-LAR/SAR/DR 11:00 Cognitive Games-SAR/Trivia/Table Games-LAR 11:00 Monthly Social-SAR/4800 11:00 What's In the Bag?-DR-4800 11:00 Women's Support Group-Wellness 1:30 Let's Remember Together-DR-4800 1:30 Arm Chair Travel-SAR/Friday Fun-LAR 1:30 Music and Movement-Wellness 3:00 Sing-a-Long-SAR 3:00 Monthly Social-LAR/4800 3:00 Wii Bowling-GR/Cognitive Games-DR-4800 4:00 Game Time-LAR/Game Fun-SAR 5:00 Round Robin Games</p> 	

May Birthdays

Kathleen R.	5/1
Vanessa N.	5/2 (staff)
Victoria B.	5/5
Larry H.	5/5
Lewis G.	5/7
Bertha L.	5/8
Loretta S.	5/12
Cathie S.	5/20
Peggie L.	5/21
Judy M.	5/24
Vera L.	5/24
Charles A.	5/25 (Sat.)



<p>WELLNESS One to One Sessions-M-F-8:30-9AM; M, TH-10-12:30; T, W, F-11:00-12:30; M, T, W, F-1-1:30 Boost Your Bones-Mon.- Fri.-9:00 Weight Lifting-Mon.-Thurs.-1:30 Range of Motion Group- Mon., Wed -3:00 Words of Advice Group- Wed. 11:00 Music & Movement Group-Fri.-1:30 Exercise Group-Fri. 3:00</p> <p>4800 WELLNESS GROUPS Wii Group-Mon. & Tues. 1:30; Thurs. & Fri. 3:00-GR</p> <p>MEN'S GROUP-Mon-11:00- 12:00-Wellness WOMEN'S GROUP- Fri-11:00-12:00-Wellness</p> <p><i>*Activities in bold print/underlined, are led by or participated in by members of the community.</i></p> <p>LAR/L-Large Activity Room; SAR/S-Small Activity Room; 4800-DR-Day Room; GR-Game Room; L-Library; CR-Craft Rm; MPPR-Multi-Purpose Room; SP-Sun Porch; P-Patio MR-Music Room; MSE-Multi Sensory Environment; Club Room-CLRm</p>	<p>MEMORY LANE Montessori Programing M-F 11:00-12:00 Music Therapy Mon. 1:30 Balloon Volley Ball Tues. 1:30 Chair Aerobics Tues.-3:00; Thurs. 1:30 Getting To Know You Wed. 1:30 Range of Motion Group Thurs. 3:00 Reminisce Through Music Fri. 3:00 Discussion Group Mon.-Fri. 4:00-4:30</p> <p>MUSIC THERAPY GROUPS Music Therapy Grp.-Mon. 11:00-LAR; Tues.-11:00-DR; Thur. 1:30-SAR Music Discussion Group-Mon.-3:00-DR Hymn Sing-Tues.-1:30-SAR Music Jeopardy-Tues.-3:00-LAR More Than Music-Thur.-11:00-DR Sing-a-Long-Fri. 3:00-SAR One on One Sessions Throughout the day-Tues., Wed., Thurs.</p> <p>Music Room Groups Name That Tune-Mon. 1:30 Stroke Group-Tues. 1:30 Choir Rehearsal-Wed. 11:00 Participant Support Group-Wed.-1:30 More Than Music-Thurs.-11:00</p>
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May is...

- Dandelion Month
- Gardening for Wildlife Month
- Jewish American Heritage Month
- Asian Pacific American Heritage Month
- Photo Month/Smile Month
- Travel Month
- Drum Month
- Family Month
- Military Appreciation Month
- Nurses Week-5/6-5/12
- Older Americans Month
- Receptionists Month
- Arthritis Month
- Better Hearing & Speech Month
- Healthy Vision Month
- Stroke Awareness Month
- Women's Healthcare Month
- Mental Health Month