



CIRCLE CENTERSM
ADULT DAY SERVICES

“Keeping Families Together”

November 2018

EVERYONE DESERVES A GOOD DAY

A RICHMOND TRADITION IN ADULT DAY SERVICES SINCE 1976—FOR 42 YEARS — MORE THAN YOU IMAGINED!

www.circlecenterva.org

CAREGIVER UPDATE

A Message From The Dietary Manager

We cannot hold lunch if a participant gets to the Center later than 1:00p.m. He/she needs to eat before coming into the program or bring their own lunch upon arrival.



The Program Supervisor is able to make a frozen meal for the participant when they get here, but is not allowed to serve that day's lunch according to the health and safety regulations. Thank you!!

IMPORTANT DATES IN NOVEMBER

Sun 11/4 Daylight Savings Time Ends! Set your clock back 1 hour!

Tues 11/6 Election Day

Fri 11/9 Welcome Encore Dancers

Wed 11/14 Wear Wacky Pants

Sat 11/17 Zeta Phi Beta Nutrition BINGO

Tues 11/20 Wear PJs

Tues 11/20 BINGO with Grace Christian School

Thurs 11/22 CLOSED for Thanksgiving

Fri 11/23 CLOSED for Thanksgiving

Sat 11/24 CLOSED for Thanksgiving

Thurs 11/29 Wear Your Favorite Scarf

Sewing Circle

Circle Center would like to extend the invitation for our Sewing Group. We are looking to create solid colored cloth placemats (10" x 14") for breakfast and lunch that can be machine washed. If you are interested in joining the group, donating fabric, and/or would like to help in anyway with the Sewing Group, please contact our Program Director, Mary, at mbranzelle@circlecenterva.org. Thanks!



The Caregiver Spouse Support Group will meet on the 1st and 3rd Monday of each month 3p-4:30p with our Social Worker Caitlyn Patey.

This month's meetings: Nov 5 & Nov 19

Are you a frequent shopper at Kroger or Amazon? Do you want to help the Center while you shop? Let us make it easier for you.

You can now link Circle Center to your accounts which will give a little extra financial support to the Center! The best part?! IT COSTS YOU NOTHING ADDITIONAL!

For AmazonSmile please do the following:

1. Login to smile.amazon.com
2. Hover over "Accounts&Lists" and click "Your AmazonSmile"
3. Type "Circle Center Adult Day Services" in the search bar
4. Click on our name and ... you're done!



As for Kroger, our Non-Profit Organization (NPO) Number is: BU630

Once logged into your Kroger account, search "Circle Center Adult Day Service" either by name or NPO Number, then simply click "Enroll".

****New users will need to create an account which requires some basic information, a valid email address, and a rewards card****

Thank you for everything that you do for the Center and allowing us to take care of your loved one!



A REMINDER ABOUT INCLEMENT WEATHER

We do our best to remain open during the colder months. Please call the Center, (804) 355-5717, to hear the most current information regarding closings. The recording is updated by 6:00am. During inclement weather, Circle Center MAY be open even though transportation services are not running. Please call us to let us know if your loved one will be out on a day we are open.

Holiday Shoppe

Mark your calendars!

December 5-7, 2018

9:30am-12:00pm

Participants will be able to purchase up to five gifts for family members. The last week of November we will send a reminder slip home letting you know which day your loved one will be able to attend the shop. The Center collects all items and allows our participants to buy gifts for \$1.00 each for family members. Participants are able to purchase small gifts/stocking stuffers for their spouse, children, grandchildren and/or pets. Volunteers then wrap and label the gifts for the participant to take home. It's a fun experience for all!

If your loved one would like to buy gifts, please send them with an envelope containing their money and a list of family members, noting male or female as well as age. Please limit list to 5 names.

If you would like to donate new or gently-used items, you may send them in with your participant or drop them off at the front desk. We are always collecting gift bags, bows, ribbon, boxes, and wrapping paper.

If you would like to volunteer, please contact: **Mary** at mbranzelle@circlecenterva.org or **Diana** at dpepler@circlecenterva.org.

A huge thank you to the families who have already contributed to our annual Holiday Shoppe! We greatly appreciate your help in making this a very special season for everyone.

CAREGIVER SUPPORT GROUP

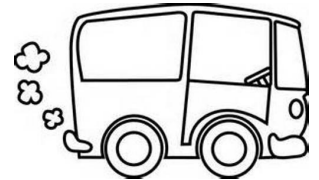
The group meets the last Thursday of each month from 4:30-6:00p.m.

This month's meeting will be held on **Thursday, November 29, 2018.**

TRANSPORTATION STATION

If for some reason the morning transportation (A Leg) is canceled or you do not need the ride, please be sure to call the transportation company and schedule the afternoon ride (B Leg).

When the morning ride is canceled, the transportation company will automatically cancel for the return home. Make sure you make it home for dinner!



CLOTHING REMINDERS

As cool weather approaches, here are some reminders about clothing for the colder months.



1. Make sure that your loved one has a seasonally appropriate spare set of clothes in their cubby. The cubby space cannot accommodate clothing for all seasons. **We will send home the summer clothing. No open toed shoes!**
2. Please label the inside tag of coats, rain jackets, sweaters and other outerwear. There is a labeled coat hanger for each participant, but sometimes coats fall off the hanger or participants put them down away from the closets.
3. If Circle Center staff sends your loved one home with a laundry bag of clothes, please send another set the next day. All participants should have a change of clothing to keep at the Center in the event of an accident during the day.



Medical Equipment Repair

A Medical Equipment Repair Team will be servicing walkers, rollators, and wheelchairs in need of adjustments at the Center on **November 14.** If you would like your participant's equipment to be restored or have any questions concerning the repairs, please contact our Social Worker, Jay Burkhardt, at jburkhardt@circlecenterva.org.

