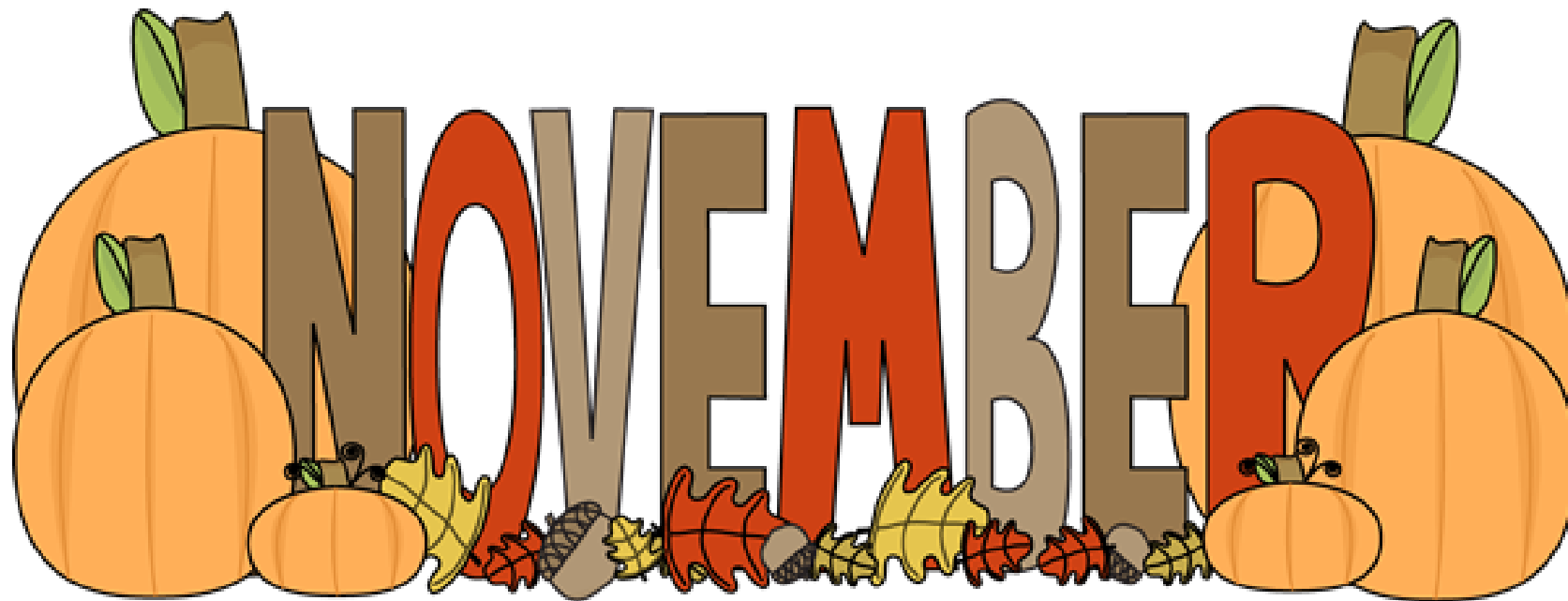


# Circle Center Adult Day Services Activity Calendar November 2018-4800/4900 West Marshall Street

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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			<b>1) Welcome November/Welcome UPS Volunteers</b> <b>Happy Birthday Audrey T., Orine J. &amp; Cecil S.</b> 8:00 Table Games-LAR 8:30 Cards-21-LAR/What's In the Bag-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Devotional Video-MR/In the News-DR-4800 9:00 Jingo-LAR/Junk Drawer Detective-SAR 10:00 Exercise-LAR/SAR/MR <b>11:00 Art/Craft Group w/UPS Volunteers-GR</b> 11:00 Trivia-DR4800 11:00 Discuss & Recall-LAR <b>11:00 Games w/UPS Volunteers-SAR</b> 1:30 Reminiscence-DR-4800 1:30 Spirituals & Hymns-SAR 1:30 Arm Chair Travel-LAR 3:00 "Deal-Um"/Word Game-LAR/Dominoes-SP-LAR 3:00 Discuss & Recall-SAR 3:00 Bingo-DR/Wii Bowling-GR-4800 3:00 Jeopardy-Music Room-4800 4:00 The Common Factor-LAR 4:00 20 Questions-DR-4800 4:45 Trivia -Small Activity Room	<b>2) First Scheduled Radio News Broadcast</b> <b>Happy Birthday Phyllis D.</b> 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Deal or No Deal-LAR 9:00 Cards-DR/Devotional Video-MR-4800 10:00 Exercise-LAR/SAR/MR 11:00 Reminiscence Grp-SAR/Trivia-LAR 11:00 Art/Craft Group-Game Room-4800 11:00 Cooking-MR/Table Games-DR-4800 <b>11:00 Women's Support Group-Wellness</b> 1:30 Word Games-LAR 1:30 Movie Theatre-MR/Trivia-DR 1:30 Arm Chair Travel-SAR 1:30 Music and Movement-Wellness 3:00 Music Therapy-SAR 3:00 Leisure Lounge-LAR 3:00 Wii Bowling-GR/Friday Fun-DR-4800 4:00 Fact or Fiction-LAR/What's Next-SAR 4:00 Pictionary/Trivial Pursuit-Day Room-4800 4:45 Who Am I-SAR	<b>3) Sandwich Day</b>  <b>Supervisor: Elizabeth</b> 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity/Pathways 12:30-1:30 Lunch 1:45-2:25 Activity 1:45-2:25 Coloring-CR/SP 2:30 Afternoon Snack 3:00-4:30 Activity/Movie 3:00-4:30 Puzzles-CR/SP 4:30-5:00 Trivia/Discussion
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<b>5) Memorabilia Monday</b> <b>Happy Birthday Stephanie B. (staff) 11/4</b> 8:00 Table Games-LAR 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Shake Loose a Memory-LAR/Table Games-SAR 9:00 Card Game -DR/Devotional Video-Music Rm-4800 10:00 Exercise-LAR/SAR/MR 11:00 Music Group Therapy-Large Activity Room 11:00 Discussion Circle-Small Activity Room 11:00 Art/Craft Grp.-Game Rm/Arm Chair Travel DR-4800 <b>11:00 Men's Support Group-Wellness</b> 1:30 Game Fun-Large Activity Room 1:30 Sensory Discovery-SAR 1:30 Name That Tune-MR-4800/Table Games-DR-4800 3:00 Wii Bowling-Game Room-4800 3:00 Conversation Cards-SAR 3:00 Leisure Lounge-LAR 3:00 True or False/Jeopardy-Day Room-4800 4:00 What's Next -SAR/Trivia-LAR 4:00 Discussion Grp.-Day Rm.-4800 4:45 Picture Match Game-SAR	<b>6) Election Day</b> <b>Happy Birthday Zoraida T.</b> 8:00 Table Games-LAR 8:30 Bowling Dice-SAR/Roll the Dice-LAR 9:00 Devotional Video-MR/Headlines-Day Rm-4800 9:00 Shake Loose-S/Junk Drawer Detective-L 10:00 Exercise-LAR/SAR/MR 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-LAR 11:00 This Week in History-SAR 11:00 Trivia-DR-4800 11:15 Music Therapy Group-Day Rm-4800 1:30 Music & Games-SAR 1:30 Reminiscing-LAR/Reminisce/Trivia-DR-4800 1:30 Cooking Grp -ML/Stroke Group-MPR/4800 3:00 "Anything Goes"-SAR/Music Therapy Grp.-LAR 3:00 Adult Coloring Grp-DR/Rock Appreciation-MR 3:00 Wii Bowling-Game Room-4800 4:00 Name 5-SAR/Trivia/Word Game-LAR 4:00 Word Board Games-Day Room-4800 4:45 Clue Trivia-SAR	<b>7) Railroad Day</b> 8:00 Table Games-LAR 8:30 Color Shape Bingo-SAR/Headlines-LAR 9:00 What Am I-SAR/Who, What, When-LAR 9:00 Cards-DR/Devotional Video-MR-4800 10:00 Exercise-LAR/SAR/MR 11:00 Name That Tune-SAR 11:00 This Week in History-LAR <b>11:00 Art/Craft Group w/Mary &amp; Audrey-GR-4800</b> 11:00 Table Games Day Room-4800 1:30 Let's Chat-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Craft Group-Craft Room-SAR 1:30 Cards/Games-Day Room-4800 3:00 Sports Group w/Nick-MR/Wii Bowling-GR-4800 <b>3:00 Chat w/Rachel-LAR</b> 3:00 Word Games-DR-4800/Leisure Lounge-SAR 4:00 Fact or Fiction-SAR/Discussion Grp.-LAR 4:00 Family Feud-DR-4800 4:45 Conversation Cards-SAR	<b>8) "Punny" Business Day</b> <b>Happy Birthday James E.</b> 8:00 Table Games-LAR 8:30 Cards-21-LAR/What's In the Bag-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Devotional Video-MR/In the News-DR-4800 9:00 Jingo-LAR/Junk Drawer Detective-SAR 10:00 Exercise-LAR/SAR/MR 11:00 Art Grp.-GR/Trivia-DR4800 11:00 Discuss & Recall-LAR 11:00 Activity Circle-SAR 1:30 Reminiscence-DR-4800 1:30 Spirituals & Hymns-SAR 1:30 Arm Chair Travel-LAR 3:00 "Deal-Um"/Word Game-LAR/Dominoes-SP-LAR 3:00 Discuss & Recall-SAR 3:00 Bingo-DR/Wii Bowling-GR-4800 3:00 Jeopardy-Music Room-4800 4:00 The Common Factor-LAR 4:00 20 Questions-DR-4800 4:45 Trivia -Small Activity Room	<b>9) Welcome Encore Dancers</b> <b>Happy Birthday David T. &amp; Emily L. (staff)</b> 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Deal or No Deal-LAR 9:00 Cards-DR/Devotional Video-MR-4800 10:00 Exercise-LAR/SAR/MR 11:00 Reminiscence Grp-SAR/Trivia-LAR 11:00 Art/Craft Group-Game Room-4800 11:00 Cooking-MR/Table Games-DR-4800 <b>11:00 Women's Support Group-Wellness</b> <b>1:30 Encore Dancers Performance-LAR</b> 1:30 Movie Theatre-MR/Trivia-DR 1:30 Arm Chair Travel-SAR 1:30 Music and Movement-Wellness 3:00 Music Therapy-SAR 3:00 Leisure Lounge-LAR 3:00 Wii Bowling-GR/Friday Fun-DR-4800 4:00 Fact or Fiction-LAR/What's Next-SAR 4:00 Pictionary/Trivial Pursuit-Day Room-4800 4:45 Who Am I-SAR	<b>10) Fall Fun Saturday</b> <b>Happy Birthday Ruby J.</b>  <b>Supervisor: Mary</b> 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack 11:00-12:00 Activity/Pathways 12:30-1:30 Lunch 1:45-2:25 Activity 1:45-2:25 Coloring-CR/SP 2:30 Afternoon Snack 3:00-4:30 Activity/Movie 3:00-4:30 Puzzles-CR/SP 4:30-5:00 Trivia/Discussion
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<b>12) Beginning of National Recycling Week</b> <b>Happy Birthday Marilyn R. 11/11</b> 8:00 Table Games-LAR 8:30 Left/Right/Center-LAR/Left/Right Center-SAR 9:00 Shake Loose a Memory-LAR/Table Games-SAR 9:00 Card Game -DR/Devotional Video-Music Rm-4800 10:00 Exercise-LAR/SAR/MR 11:00 Music Group Therapy-Large Activity Room 11:00 Discussion Circle-Small Activity Room 11:00 Art/Craft Grp.-Game Rm/Arm Chair Travel DR-4800 <b>11:00 Men's Support Group-Wellness</b> <b>1:30 Visit w/Carolyn &amp; "Colby"-Therapy Dog</b> 1:30 Game Fun-Large Activity Room 1:30 Sensory Discovery-SAR 1:30 Name That Tune-MR-4800/Table Games-DR-4800 3:00 Wii Bowling-Game Room-4800 3:00 Conversation Cards-SAR 3:00 Leisure Lounge-LAR 3:00 True or False/Jeopardy-Day Room-4800 4:00 What's Next -SAR/Trivia-LAR 4:00 Discussion Grp.-Day Rm.-4800	<b>13) Times We Treasure Tuesday</b> 8:00 Table Games-LAR 8:30 Bowling Dice-SAR/Roll the Dice-LAR 9:00 Headlines-Day Rm-4800 9:00 Shake Loose-SAR/Junk Drawer Detective-LAR 10:00 Exercise-LAR/SAR/DR <b>10-11 St. James Daycare Intergenerational Grp.-MR</b> 11:00 Art/Craft Grp. w/Mary-GR-4800 11:00 Name That Tune-LAR 11:00 This Week in History-SAR 11:00 Trivia-DR-4800 11:15 Music Therapy Group-Day Rm-4800 1:30 Music & Games-SAR 1:30 Reminiscing-LAR/Reminisce/Trivia-DR-4800 1:30 Cooking Grp -ML/Stroke Group-MPR/4800 3:00 "Anything Goes"-SAR/Music Therapy Grp.-LAR 3:00 Adult Coloring Grp-DR/Rock Appreciation-MR 3:00 Wii Bowling-Game Room-4800 4:00 Name 5-SAR/Trivia/Word Game-LAR 4:00 Word Board Games-Day Room-4800 4:45 Clue Trivia-SAR	<b>14) Wear Wacky Pants Day</b> <b>Happy Birthday David M.</b> 8:30 Color Shape Bingo-SAR/Headlines-LAR <b>9:00 Montessori w/Linda-Memory Lane</b> 9:00 What Am I-SAR/Who, What, When-LAR 9:00 Cards-DR/Devotional Video-MR-4800 10:00 Exercise-LAR/SAR/MR 11:00 Name That Tune-SAR 11:00 This Week in History-LAR <b>11:00 Art/Craft Group w/Mary &amp; Audrey-GR-4800</b> 11:00 Table Games Day Room-4800 1:30 Let's Chat-SAR 1:30 Chair Dance-LAR/Participant Support Grp-MR 1:30 Craft Group-Craft Room-SAR 1:30 Cards/Games-Day Room-4800 3:00 Sports Group w/Nick-MR/Wii Bowling-GR-4800 <b>3:00 Chat w/Rachel-LAR</b> 3:00 Word Games-DR-4800/Leisure Lounge-SAR 4:00 Fact or Fiction-SAR/Discussion Grp.-LAR 4:00 Family Feud-DR-4800 4:45 Conversation Cards-SAR	<b>15) America Recycles Day/Monthly Social</b> 8:00 Table Games-LAR 8:30 Cards-21-LAR/What's In the Bag-SAR 8:30 Garden Group-Sun Porch/Patio 9:00 Devotional Video-MR/In the News-DR-4800 9:00 Jingo-LAR/Junk Drawer Detective-SAR 10:00 Exercise-LAR/SAR/MR 11:00 Art Grp.-GR/Trivia-DR4800 11:00 Discuss & Recall-LAR 11:00 Activity Circle-SAR 1:30 Reminiscence-DR-4800 1:30 Spirituals & Hymns-SAR 1:30 Arm Chair Travel-LAR 3:00 "Deal-Um"/Word Game-LAR/Dominoes-SP-LAR <b>3:00 "Turkey Trot" Social-SAR</b> 3:00 Bingo-DR/Wii Bowling-GR-4800 3:00 Jeopardy-Music Room-4800 4:00 The Common Factor-LAR 4:00 20 Questions-DR-4800 4:45 Trivia -Small Activity Room	<b>16) New Uses Day/Monthly Social</b> <b>Happy Birthday Marcia R.</b> 8:00 Table Games-LAR 8:30 Roll the Dice-SAR/Bowling Dice-LAR 9:00 Table Games-SAR/Deal or No Deal-LAR 9:00 Cards-DR/Devotional Video-MR-4800 10:00 Exercise-LAR/SAR/MR 11:00 Reminiscence Grp-SAR/Trivia-LAR <b>11:00 "Turkey Trot" Social-4800</b> <b>11:00 Women's Support Group-Wellness</b> 1:30 Word Games-LAR 1:30 Movie Theatre-MR/Trivia-DR 1:30 Arm Chair Travel-SAR 1:30 Music and Movement-Wellness 3:00 Music Therapy-SAR <b>3:00 "Turkey Trot" Social-LAR</b> 3:00 Wii Bowling-GR/Friday Fun-DR-4800 4:00 Fact or Fiction-LAR/What's Next-SAR 4:00 Pictionary/Trivial Pursuit-Day Room-4800 4:45 Who Am I-SAR	<b>17) Welcome Zeta Phi Beta</b>  <b>Supervisor: Katie</b> 9:00 Coffee/Current Events/Trivia 10:00 Exercise 10:30 Morning Snack <b>11:00 Nutritional Food Jingo</b> 12:30-1:30 Lunch 1:45-2:25 Activity 1:45-2:25 Coloring-CR/SP 2:30 Afternoon Snack 3:00-4:30 Activity/Movie 3:00-4:30 Puzzles-CR/SP 4:30-5:00 Trivia/Discussion
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>19) International Men's Day</b></p> <p>8:00 Table Games-LAR  8:30 Left/Right/Center-LAR/Left/Right Center-SAR  9:00 Shake Loose a Memory-LAR/Table Games-SAR  9:00 Card Game -DR/Devotional Video-Music Rm-4800  10:00 Exercise-LAR/SAR/MR  11:00 Music Group Therapy-Large Activity Room  11:00 Discussion Circle-Small Activity Room  11:00 Art/Craft Grp.-Game Rm/Arm Chair Travel DR-4800  <b>11:00 Men's Support Group-Wellness</b>  1:30 Game Fun-Large Activity Room  1:30 Sensory Discovery-SAR  1:30 Name That Tune-MR-4800/Table Games-DR-4800  3:00 Wii Bowling-Game Room-4800  3:00 Conversation Cards-SAR  3:00 Leisure Lounge-LAR  3:00 True or False/Jeopardy-Day Room-4800  4:00 What's Next -SAR/Trivia-LAR  4:00 Discussion Grp.-Day Rm.-4800  4:45 Picture Match Game-SAR</p>	<p><b>20) Welcome Grace Christian School/Wear PJs Day</b></p> <p>8:00 Table Games-LAR  8:30 Bowling Dice-SAR/Roll the Dice-LAR  9:00 Devotional Video-MR/Headlines-Day Rm-4800  9:00 Shake Loose-S/Junk Drawer Detective-L  <b>9:15-11:30 Bingo w/Grace Christian School Kids-L</b>  10:00 Exercise-SAR/MR  11:00 Art/Craft Grp. w/Mary-GR-4800  11:00 Name That Tune-LAR  11:00 This Week in History-SAR  11:00 Trivia-DR-4800  11:15 Music Therapy Group-Day Rm-4800  1:30 Music &amp; Games-SAR  1:30 Reminiscing-LAR/Reminisce/Trivia-DR-4800  1:30 Cooking Grp -ML/Stroke Group-MPR/4800  3:00 "Anything Goes"-SAR/Music Therapy Grp.-LAR  <b>3:00 Monthly Birthday Celebration-LAR/4800</b>  3:00 Adult Coloring Grp-DR/Rock Appreciation Grp-MR  3:00 Wii Bowling-Game Room-4800  4:00 Name 5-SAR/Trivia/Word Game-LAR  4:00 Word Board Games-Day Room-4800  4:45 Clue Trivia-SAR</p>	<p><b>21) World "Hello" Day</b></p> <p><b>Happy Birthday Jerry F. &amp; Floretta S. (11/22)</b></p> <p>8:00 Table Games-LAR  8:30 Color Shape Bingo-SAR/Headlines-LAR  9:00 What Am I-SAR/Who, What, When-LAR  9:00 Cards-DR/Devotional Video-MR-4800  10:00 Exercise-LAR/SAR/MR  11:00 Name That Tune-SAR  11:00 This Week in History-LAR  <b>11:00 Art/Craft Group w/Mary &amp; Audrey-GR-4800</b>  11:00 Table Games Day Room-4800  1:30 Let's Chat-SAR  1:30 Chair Dance-LAR/Participant Support Grp-MR  1:30 Cards/Games-Day Room-4800  1:30 Craft Group-Craft Room-SAR  <b>3:00 Monthly Birthday Celebration-SAR &amp; ML</b>  3:00 Sports Group w/Nick-MR/Wii Bowling-GR-4800  <b>3:00 Chat w/Rachel-LAR</b>  3:00 Word Games-DR-4800/Leisure Lounge-SAR  4:00 Fact or Fiction-SAR/Discussion Grp.-LAR  4:00 Family Feud-DR-4800  4:45 Conversation Cards-SAR</p>	<p><b>22) Sorry, We're Closed For Thanksgiving</b></p> 	<p><b>23) Sorry, We're Closed For The Holiday</b></p> 	<p><b>24) Sorry, We're Closed For The Holiday</b></p>
<p><b>26) The Price is Right Day</b></p> <p>8:00 Table Games-LAR  8:30 Left/Right/Center-LAR/Left/Right Center-SAR  9:00 Shake Loose a Memory-LAR/Table Games-SAR  9:00 Card Game -DR/Devotional Video-Music Rm-4800  10:00 Exercise-LAR/SAR/MR  11:00 Music Group Therapy-Large Activity Room  11:00 Discussion Circle-Small Activity Room  11:00 Art/Craft Grp.-Game Rm/Arm Chair Travel DR-4800  <b>11:00 Men's Support Group-Wellness</b>  <b>1:30 Visit w/Carolyn &amp; "Colby"-Therapy Dog</b>  1:30 Game Fun-Large Activity Room  1:30 Sensory Discovery-SAR  1:30 Name That Tune-MR-4800/Table Games-DR-4800  3:00 Wii Bowling-Game Room-4800  3:00 Conversation Cards-SAR  3:00 Leisure Lounge-LAR  3:00 True or False/Jeopardy-Day Room-4800  4:00 What's Next -SAR/Trivia-LAR  4:00 Discussion Grp.-Day Rm.-4800  4:45 Picture Match Game-SAR</p>	<p><b>27) Wash Day</b></p> <p>8:00 Table Games-LAR  8:30 Bowling Dice-SAR/Roll the Dice-LAR  9:00 Devotional Video-MR/Headlines-Day Rm-4800  9:00 Shake Loose-S/Junk Drawer Detective-L  10:00 Exercise-LAR/SAR/MR  <b>10-11 St. James Daycare Intergenerational Grp.-MR</b>  11:00 Art/Craft Grp. w/Mary-GR-4800  11:00 Name That Tune-LAR  11:00 This Week in History-SAR  11:00 Trivia-DR-4800  11:15 Music Therapy Group-Day Rm-4800  1:30 Music &amp; Games-SAR  1:30 Reminiscing-LAR/Reminisce/Trivia-DR-4800  1:30 Cooking Grp -ML/Stroke Group-MPR/4800  3:00 "Anything Goes"-SAR/Music Therapy Grp.-LAR  3:00 Adult Coloring Grp-DR/Rock Appreciation Grp-MR  3:00 Wii Bowling-Game Room-4800  4:00 Name 5-SAR/Trivia/Word Game-LAR  4:00 Word Board Games-Day Room-4800  4:45 Clue Trivia-SAR</p>	<p><b>28) Treasures From the Attic Day</b></p> <p>8:00 Table Games-LAR  8:30 Color Shape Bingo-SAR/Headlines-LAR  <b>9:00 Montessori w/Linda-Memory Lane</b>  9:00 What Am I-SAR/Who, What, When-LAR  9:00 Cards-DR/Devotional Video-MR-4800  10:00 Exercise-LAR/SAR/MR  11:00 Name That Tune-SAR  11:00 This Week in History-LAR  <b>11:00 Art/Craft Group w/Mary &amp; Audrey-GR-4800</b>  11:00 Table Games Day Room-4800  1:30 Let's Chat-SAR  1:30 Chair Dance-LAR/Participant Support Grp-MR  1:30 Cards/Games-Day Room-4800  1:30 Craft Group-Craft Room-SAR  3:00 Sports Group w/Nick-MR/Wii Bowling-GR-4800  <b>3:00 Chat w/Rachel-LAR</b>  3:00 Word Games-DR-4800/Leisure Lounge-SAR  4:00 Fact or Fiction-SAR/Discussion Grp.-LAR  4:00 Family Feud-DR-4800  4:45 Conversation Cards-SAR</p>	<p><b>29) Wear Your Favorite Scarf Day</b></p> <p>8:00 Table Games-LAR  8:30 Cards-21-LAR/What's In the Bag-SAR  8:30 Garden Group-Sun Porch/Patio  9:00 Devotional Video-MR/In the News-DR-4800  9:00 Jingo-LAR/Junk Drawer Detective-SAR  10:00 Exercise-LAR/SAR/MR  11:00 Art Grp.-GR/Trivia-DR4800  11:00 Discuss &amp; Recall-LAR  11:00 Activity Circle-SAR  1:30 Reminiscence-DR-4800  1:30 Spirituals &amp; Hymns-SAR  1:30 Arm Chair Travel-LAR  3:00 "Deal-Um"/Word Game-LAR  3:00 Discuss &amp; Recall-SAR  3:00 Bingo-DR/Wii Bowling-GR-4800  3:00 Jeopardy-Music Room-4800  4:00 The Common Factor-LAR  4:00 20 Questions-DR-4800  4:45 Trivia -Small Activity Room</p>	<p><b>30) Biscuit Cutter Day</b></p> <p>8:00 Table Games-LAR  8:30 Roll the Dice-SAR/Bowling Dice-LAR  9:00 Table Games-SAR/Deal or No Deal-LAR  9:00 Cards-DR/Devotional Video-MR-4800  10:00 Exercise-LAR/SAR/MR  11:00 Reminiscence Grp-SAR/Trivia-LAR  11:00 Art/Craft Group-Game Room-4800  11:00 Cooking-MR/Table Games-DR-4800  <b>11:00 Women's Support Group-Wellness</b>  1:30 Word Games-LAR  1:30 Movie Theatre-MR/Trivia-DR  1:30 Arm Chair Travel-SAR  1:30 Music and Movement-Wellness  <b>1:40 Visit w/Fred Therapy Dog</b>  3:00 Music Therapy-SAR  3:00 Leisure Lounge-LAR  3:00 Wii Bowling-GR/Friday Fun-DR-4800  4:00 Fact or Fiction-LAR/What's Next-SAR  4:00 Pictionary/Trivial Pursuit-Day Room-4800</p> 	

Birthdays	
Audrey T.	11/1
Cecil S.	11/1
Orine J.	11/1
Phyllis D.	11/2
Stephanie B. (staff)	11/4
Zoraida T. (Sat.)	11/6
James E.	11/8
David T.	11/9
Emily L. (staff)	11/9
Ruby J.	11/10
Marilyn R.	11/11
David M.	11/14
Marcia R.	11/16
Jerry F.	11/21
Floretta S.	11/22



<p><b>WELLNESS</b></p> <p>One to One Sessions-M-F-8:30-9AM; M, TH-10-12:30;  T, W, F-11:00-12:30; M, T, W, F-1-1:30  Boost Your Bones-Mon.- Fri.-9:00  Weight Lifting-Mon.-Thurs.-1:30  Range of Motion Group- Mon., Tues., Wed., Thur.-3:00  Words of Advice Group- Wed. 11:00  Music &amp; Movement Group-Fri.-1:30  Exercise Group-Fri. 3:00  <b>4800 WELLNESS GROUPS</b>  Wii Group-Mon. thru Fri. 3:00-GR</p> <p>Groups w/ Elizabeth-Tue.-1:30 L/3:00-S; Thu.-1:30-DR/3:00-S ; Fri.-11-S</p> <p><b>MEN'S GROUP</b>-Mon-11:00-12:00-Wellness  <b>WOMEN'S GROUP</b>- Fri-11:00-12:00-Wellness</p>	<p><b>MEMORY LANE</b></p> <p>Montessori Programing M-F/MSE-times may vary  Let's Chat- Mon-11:00 &amp; 3:00; Anything Goes- Tues.  This Week in History-Thurs. 11:00  Friend Circle w/Mary A.- Tues. 3:00  Music &amp; Imagery w/Jen- Wed. 1:30  Reminisce Through Music- Wed-11:00 &amp; 3:00  It's Trivial- Fri. 3:00  Sensory Travel-Fri. 1:30  Sensory Discovery- Tues-1:30  Creative Expressions w/Mary A- Thur-1:30  Music Therapy w/Katie C.- Mon-1:30 &amp; Fri-11:00</p> <p><b>MUSIC THERAPY GROUPS</b></p> <p>Music Therapy Grp.-Mon. 11:00-LAR; Tues.-11:30-4800 &amp; 3:00-LAR  Fri. 3:00-SAR  Sing-a-Long in SAR- Thurs. 1:30  Music &amp; Movement in Wellness- Fri. 1:30  Music Room Groups-Thurs.-11:00  Choir Group-Wed. 11:00  Hymn Sing-Mon. 3:00  One on One Sessions Throughout the day-Tues., Wed., Thurs.</p> <p><b>*Activities in bold print/underlined, are led by or participated in by members of the community.</b></p>
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November is ...
Games & Puzzles Month
Aviation History Month
Be Thankful Month
Manatee Awareness Month
Treasures of a Life Month
Reuse it Month
Button Crafts & collection Month
Vegan Month
Indian Corn Month
Gluten Free Awareness Month
Military Family Appreciation Month
Junk Crafts Month
Native American Heritage Month
Family Stories Month
Banana Pudding Lovers Month
Inspirational Role Models Month
Be Thankful Month

LAR/L-Large Activity Room; SAR/S-Small Activity Room;  
4800-DR-Day Room; GR-Game Room; L-Library;  
CR-Craft Rm; MPR-Multi-Purpose Room; SP-Sun Porch; P-Patio  
MR-Music Room; MSE-Multi Sensory Environment; Club Room-CLRm